

the leader in Walking Holidays | **2017**



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A Family Company

We would like to take the opportunity to introduce the team running Footpath Holidays and tell you a little about ourselves. We, Ian and Suzanne Newman, have been managing Footpath Holidays (founded by Suzanne's parents in 1983) since 1992, and our two 'grown up' daughters are now actively involved in the business.

Ian qualified as a Mountain leader during military service in the eighties, and has spent a lifetime walking and hiking throughout Britain and, particularly, in his native South West, whilst Suzanne has been walking in the British countryside for over fifty years. Twin daughters, Heather and Rebecca, have recently graduated from university with degrees in Countryside and Environment Management and Medieval History respectively.

Over the years we have gained an enviable reputation for our professionalism and customer care as well as (most importantly) friendliness, enthusiasm, approachability and reliability. More than ninety per cent of our guests return to walk with us again, a large proportion of these have become 'regulars'.

We live and work in the heart of rural Wiltshire and enjoy nothing better than sharing our knowledge of, insights into and life-long enthusiasm for the British countryside

with guests from both home and abroad. We personally deal with all aspects of the organisation and planning of the holidays in this brochure including the selection of quality accommodation and the planning of inspiring walks. All enquiries received at the Footpath Holidays office will be dealt with by a member of the family team. You will always be dealing with someone directly involved in organising, leading or planning of our holidays.

For returning guests the arrangements will need little explanation. For those of you joining us for the first time we hope that the following will answer most of your questions.

If you need further information please do not hesitate to contact us.

Why a Walking (Hiking) Holiday?

Few people fail to derive some benefit, physical and mental, from a walking holiday. There is nothing more relaxing than the peace and quiet of a beautiful landscape, nothing more exhilarating than a fresh sea breeze or an uninterrupted panoramic view, and nothing more inspiring than the sight of birds of prey soaring above open country. Britain is uniquely privileged to have a huge network of ancient 'rights of way' and large tracts of open access land in the mountain and moorland areas; the variety of scenery that can be encountered in a single area is tremendous. On a walking holiday you are able to discover an area at close quarters, meeting local people along the way. Footpath Holidays use hotels in the heart of the countryside and any transport used for the walking programme is provided by local companies. We benefit from their local knowledge and the local economy (often fragile) benefits too. Footpath Holidays guided walking holidays are a great way to make new friends and share the pleasures of the outdoor experience with like-minded people from all over the world.

Sustainable practices and Environmental Policy

At Footpath Holidays we consider ourselves very privileged to be living and working in the heart of the British countryside. The very nature of what we do makes us passionately committed to the preservation of landscape, flora, fauna and biodiversity as well as to the conservation of the planet's natural resources. As parents we feel an additional

responsibility to do as much as we can to ensure that our children are able to enjoy the natural environment to the same extent as we have.

Our Walks: We choose our walks carefully to show our guests the very best that the countryside has to offer but take care to avoid the most fragile habitats and to avoid causing erosion or unnecessary disturbance to wildlife, such as ground-nesting birds.

Our Accommodation Providers: As well as comfortable accommodation, great food, good location and a warm welcome we look for country houses, inns and guest houses who shop locally and ethically, as well as making sustainability and conservation a priority when it comes to housekeeping and administration.

Transport: All of our holiday bases can be reached by public transport and we are keen to encourage as many guests as possible to leave the car at home. Outline information is provided in our brochure and through our website. Detailed information is sent out in response to bookings and we are always happy to answer specific questions and provide guidance on request. When we use transport for our walks, we work with minibus operators and private hire companies local to the walk base. This serves to keep carbon emissions to a minimum and helps to sustain fragile local economies - a tangible benefit in return for welcoming visitors to the area. Our guests enjoy the contact with local drivers, many of whom are great characters with plenty of tales to tell!

Administration: Within the Footpath Holidays office we try to ensure that as much stationery as possible comes from recycled sources, and all paper material received is either recycled or reused. All ink/toner cartridges, and cardboard waste are recycled. We are making it a priority to cut down on the use of paper and ink by making e-mail our preferred method of communication. Our electricity for both domestic and office use is provided by a company who guarantee to use 100% renewable sources. We make every effort to support our local village Post Office.

Publicity: Our brochure is printed on conservation grade chlorine-free stock, produced from 75% recycled sources (with the remaining 25% from wood fibre from renewable sources) and mailed in envelopes produced from recycled paper. Our brochure is also available as a download from our website.

THE LEADER IN WALKING HOLIDAYS

Footpath Holidays

Our range of Guided or Independent Walking Holidays

Single centre guided walking holidays

These holidays are based in comfortable country house and small hotels, with a full package of ensuite room (private bathroom), meals and walks included. Our programme of scheduled tours attract a multi-national following and allow guests to enjoy the British countryside in convivial company.

See pages 4-11 for destinations, dates and prices.

Daypack Hikes

We offer a programme of guided walks along many of Britain's National Trails and Long Distance Paths. These holidays are based in a single centre but guests are free to choose their own accommodation, be it caravan, Youth Hostel, bed and breakfast, self-catering accommodation or hotel. Full details of routes, scheduled tour dates and prices appear on pages 23 to 27 of this brochure.

Single Centre self-guided walking holidays

These holidays are ideal for people who are keen to walk independently, like to stay in good quality accommodation, prefer to have the organisation and research of their walking holiday taken care of, but do not want the move on to new accommodation each day. Choice of bed and breakfast in a family guesthouse, or dinner, bed and breakfast in a country house hotel or inn. Our self-guided tours can be taken at any time of year. See pages 4-16 for destinations and prices.

'Inn-to-Inn' self-guided trails For those guests who like to follow a continuous route and move on each night, we offer a range of walking holidays accommodated in quality bed and breakfast guesthouses and based on some of the most scenic National Trails and Long Distance Paths in England. See pages 17-19 for routes and prices.



Customised Holidays for Clubs and Groups, Families and Individuals

Every year Footpath Holidays organises tailor-made tours for clubs, groups and specialist agents. Whether you are a British rambling group looking for a weekend not too far from home or an overseas hiking club looking to explore the British countryside over several weeks, we can help not only with accommodation and a guide but also other services, such as airport transfers, sightseeing, and themed trips.

Of course, customised tours are not just for clubs and groups. If you are a couple, family, or group of friends looking for something a little different we would welcome hearing from you. Whether you would like to replace hotel accommodation with self-catering, vary the length of stages for a walk along a National Trail, or combine rural walking with a city break, we can help.

We are happy to organise walking/hiking tours of any length and we are not restricted to the areas which appear in this brochure. We always welcome the opportunity to quote for tailor-made packages of any grade, in any of Britain's walking areas.

"We had a fabulous experience from beginning to end with all the arrangements you provided. It was precisely what we needed – refreshing, renewing, filled with beauty and wonder, and great people. You provided excellent service, tailoring our holiday to our specific interests. We hope to holiday with you again!"

Vicky J-D, NC USA



Grading of Single Centre Guided & Self-guided Walking Holidays

For us at Footpath Holidays it is of paramount importance that you enjoy your walking holiday. To get the best from your holiday (and to be fair to your fellow guests) it is important that you select a tour of the appropriate grade. **Please note that what the British refer to as 'walking' is more commonly described as 'hiking' in North America.**

If you have any questions regarding the type of terrain that may be encountered, mileages covered or suitable equipment please contact us. Our office is manned by experienced walkers (hikers) who will be happy to discuss any aspect of your holiday both before and after booking.

E Easy

Up to approximately 10 miles (16km) per day. Some gentle undulations, and only very occasional short, sharp ascents and descents. All on well-made paths, but some stretches may be uneven with tree roots and stones protruding from the path surface.

M Moderate

Up to approximately 12 miles (20km) per day. More frequent ascents and descents across undulating terrain. Some sharp 'ups and downs', particularly on coast paths and in mountain areas. Generally on well-made paths, but often uneven with tree roots and stones protruding from the path surface.

Trail shoes may be worn, however, we **recommend** lightweight walking boots with a good cleated sole and ankle support. Non-specialist training shoes, sneakers and sandals would be unsuitable on any tour.

It should be borne in mind that it is possible to turn an ankle or slip on any surface, including seemingly innocuous pavements, steps and stiles, whilst rabbits and other animals dig holes indiscriminately and without warning!

Single Centre Guided Walking Holidays

All of the guided walking holidays featured in this section of the brochure (pages 4 to 11) are based at a single hotel for the duration of the holiday. All of the five and seven night holidays commence with the evening meal on the first day and finish after breakfast on the final day. The one exception is the three night Twix-mas' break (Cotswolds) which will finish with lunch on the final day.

What's Included in the Holiday Cost?

- Accommodation in an ensuite room (private bathroom)
- Choice of full cooked breakfast or Continental breakfast
- Picnic lunch to carry on the walks
- Evening meal; three courses, plus coffee. Vegetarian choices are always available, and we are able to accommodate other dietary requirements upon request.
- For the Twix-mas break; lunch before departure
- Services of a resident Footpath Holidays leader
- A programme of guided walks
- Any transport necessary for the walking programme
- VAT at 20%.

There are no hidden extras on our tours.

Accommodation

We always put a considerable amount of time and effort into finding high quality country houses and small hotels in the finest locations. Our priorities are a warm welcome, comfortable and well appointed rooms and excellent cuisine. All accommodation in this brochure is fully ensuite with private facilities (toilet, bath and/or shower), television and tea and coffee making facilities.

Our prices are based on guests sharing a twin or double-bedded room, however, we do appreciate that the majority of guests travelling alone prefer their own room, so we

do try to obtain as many single occupancies as possible. When the room is a genuine 'single' we do not charge a supplement. Single occupancy of a double room does attract a supplement, which we try to keep to a minimum.

Our Groups

Our groups are small in size, the maximum number of guests is usually around sixteen, plus the leader. The groups generally consist of a mix of new clients and 'regulars' from the United Kingdom and worldwide. This provides the already informal atmosphere with an interesting variety of cultures and viewpoints, which we feel adds greatly to the experience for all concerned. We are very proud that 80% of our guests return to join further holidays year on year, and one of our guests has now exceeded one hundred holidays!

We feel that our holidays are equally well suited for married couples, friends travelling together or single guests. It would be most unusual for someone to find themselves as the only 'single' on a holiday.

Our Leaders

Each party is led by a walk leader whose aim is to take you into the heart of the countryside and to help you to get the best from the outstandingly beautiful areas you will visit. Footpath Holidays has around twenty walk leaders, all of whom are thoroughly competent and experienced outdoors people. As often as possible our leaders are local or have a special interest in the walk area. Most of our leaders have worked with us for a number of years.

Our Walks (Hikes)

As long as you are reasonably fit you should be able to cope with most of the holidays featured in this brochure. The majority of walks are in the range 7-12 miles (11-19km). It is not necessary to be an experienced walker to enjoy a walking holiday but you will need to be equipped with waterproof clothing (raingear), a small pack and suitable walking boots (depending on the grade of tour). We would strongly recommend that your holiday is not the first occasion for wearing a new pair of boots. The walking is generally at a relaxed pace, which enables our groups to take time to enjoy places of interest, picturesque villages, spectacular views, lunch stops, etc..

THE LEADER IN WALKING HOLIDAYS

Footpath Holidays

On the seven night guided holidays there is a free day (generally Wednesday), which enables guests to take a rest or pursue their own activities.

Each holiday is given a grade which reflects distances covered, underfoot conditions and gradients encountered.

Details of our grading system appear on page 2. Please read this section carefully. If you have any misgivings or doubts as to whether a particular holiday is right for you, we will be more than happy to discuss it with you.

Our priority is for you to gain maximum enjoyment from your walking holiday, in safety. All of our leaders are experienced walkers and competent navigators and they may, from time to time, find it necessary to alter a route or part of the programme to allow for conditions. Such changes may be made in the interests of an individual, or the safety of the group as a whole. We ask that our guests respect the judgment of the leader, act prudently at all times, and follow the Country Code.

Travel

Each holiday starts and finishes at the hotel where it is based, and you should make your own travel arrangements.

Basic travel information for each centre appears at the foot of the relevant page. Please ask if you would like us to provide additional information specific to your journey, including how to reach the hotel from port of entry.

If you intend to book on more than one holiday there will generally be no problem in travelling between two centres in one day. There are, however, exceptions, and to reach the Yorkshire Dales from Cornwall on a Sunday would prove difficult! Please ask if you have any doubts.

Dogs

Footpath Holidays regret that it is not possible to bring dogs on any of the walks in this brochure.

Single Centre Self-guided Walking Holidays

Many people are keen to walk independently, like to stay in good quality ensuite accommodation, and prefer to have the organisation and research of their walks taken care of, but do not want the chore of repacking and moving on each day. Our range of single centre self-guided walking tours include all of these benefits, and gives guests the flexibility to choose their own holiday dates.

All of our self-guided walking holidays are based in good quality accommodation with private bathroom. There are two accommodation options:

- Half-board (bed, breakfast and evening meal) in a quality country house hotel or inn.
- Bed and breakfast accommodation in a family-run guesthouse located close to places which serve food in the evening.

With either option guests are assured of the same warm welcome and a superb location for their holiday.

All self-guided holidays commence early evening (with dinner, if included) on the first day, and finish after breakfast on the final morning. Seven night holidays include five walks and a 'rest' day, whilst five night holidays include four walks.

What's Included in the Price?

All of the self-guided holiday prices detailed on pages 4-16 of this brochure are per person, and based upon two guests sharing a double or twin-bedded room. The supplement for single travellers is also shown. This supplement absorbs some of the overheads (transport, maps/guidebook, administrative costs) which would normally be shared between two guests, and may also cover the extra cost of single occupancy of a double room at hotels or guesthouses where no true single rooms are available. *Please note; we will be able to reduce this supplement for guests requiring a single room/occupancy, but booking as part of a party of two or more guests.*

We are able to offer discounts for parties of three or more guests.

All prices include:

- Accommodation in an ensuite room (private bathroom).
- Choice of full cooked breakfast, or Continental breakfast.
- For guests who have booked on a dinner, bed and breakfast basis - Table d'hôte dinner (three courses, plus coffee).
- Full information packet (one per party) to include travel details, walk descriptions, maps, and guidebooks (where appropriate).
- Car to/from the start/finish of each days' walk.
- Value Added Tax at 20%

We have not included packed lunches in the price as many guests prefer to visit a pub enroute. Each route description will indicate whether or not refreshment is available along the way, and all of the hotels will be able to supply a packed lunch on request.

How our Self-guided Walking Holidays Work

- We provide detailed information on how to reach the hotel at which you will be accommodated for the duration of the holiday.
- We provide detailed route descriptions for each day's walk on waterproofed, laminated cards.
- We provide the relevant Ordnance Survey Explorer maps (1:25000 scale = 2.5 inch to 1 mile), and guidebooks where appropriate.
- We arrange for a quality local transport provider to collect you from your hotel and transport you to the start of each walk. The same transport provider will collect you at the prearranged time and place (usually an interesting village, country pub or tearoom) at the end of each walk.

Travel

Basic travel information for each centre appears at the foot of the relevant page. Please ask if you would like us to provide additional information specific to your journey, including how to reach the hotel or guesthouse from port of entry.



GRADES



FOOTPATH HOLIDAYS North Cornwall

North Cornwall has one of the most spectacular stretches of coastline to be found anywhere in the world. The Atlantic Ocean provides an awesome and ever-changing backdrop to the towering and rugged cliffs, and spectacular rocky promontories are interspersed with idyllic sandy coves and picturesque fishing villages.

North Cornwall is exposed to the full force of the Atlantic rollers and on the high plateau above the slate cliffs the sparse trees are shaped by the prevailing wind. At intervals the coastline is punctuated by narrow gorges where fast flowing streams lined with deciduous woodland cascade into the sea. The close-grazed grassland on the clifftops makes for superb undulating walking and expansive views along the coast are a constant feature.

In spring and early summer the cliffs and the Cornish slate 'hedges' are draped in carpets of thrift, sea-squill and campion. In high summer valerian, monbretia and foxgloves wave in the breeze. A wide variety of seabirds nest on the cliff faces and peregrine falcons can be seen swooping on their prey.

Guests will be able to sample the splendour of Cornwall's wild and rugged Atlantic coast with its numerous magnificent headlands and highlights will include Pentire Head which provides one of the finest views in Cornwall; the charm of Port Isaac (Doc Martin's Port Wenn) with its jumble of fishermen's cottages; the incomparable setting of Tintagel Castle perched on the clifftop; Boscastle with its narrow fjord-like harbour; and the peaceful isolation of The Rumps where Laurence Binyon sat to write his 'Ode to the Fallen', now an integral part of our Remembrance Day services.

Guided holidays in North Cornwall

All of our guided holidays in North Cornwall are accommodated at the Lanteglos Country House Hotel [Enjoy England★★★★] which is located in a very attractive valley just inland from Port Isaac Bay. The hotel, formerly a rectory, dates from 1847 and was designed by renown architect Augustus Pugin. It stands in 15 acres of attractive gardens, alongside the delightful and ancient church of St Julitta. Lanteglos Hotel offers very comfortable accommodation, a good range of leisure facilities and a warm welcome, along with a restaurant which features quality local produce on its excellent menu. All of the large bedrooms have ensuite bathroom facilities.

NCW1	23-28 April	5 nights	Grade: Easy	£785
NCW2	21-26 May	5 nights	Grade: Moderate	£785
NCW3	25-30 June	5 nights	Grade: Easy	£785

Supplement for single occupancy of a double/twin-bedded room £20 per night

Self-guided holidays in North Cornwall

Guests who opt for a self-guided tour in North Cornwall can choose between half-board accommodation at Lanteglos Country House Hotel, Lanteglos, and bed and breakfast accommodation at a comfortable family-run guesthouse in Boscastle.

All prices detailed below are per person, and based upon two guests sharing a twin or double room. Discounts are available for parties of three or more guests

Dinner, bed and breakfast at Lanteglos Country House Hotel in Lanteglos

Three nights	£440	NCWSH3	'Easy' or 'Moderate' itinerary
Five nights	£790	NCWSH5	
Seven nights	£985	NCWSH7	

Single traveller supplement £50 per night

Rail: Bodmin Parkway
Onward travel: Taxi

Bed and Breakfast at a guesthouse in Boscastle

Three nights	£325	NCWSB3	'Easy' or 'Moderate' itinerary
Five nights	£550	NCWSB5	
Seven nights	£645	NCWSB7	

Single traveller supplement £40 per night

“ What an Incredible time we had!
We arrived home last evening tired
but happy ”

Beth E, NH USA





GRADES



FOOTPATH HOLIDAYS South Devon Coast

Away to the west of the Devon Riviera lie the South Hams of Devon; a quiet and picturesque area which offers excellent walking. Although more mellow than its stormy Cornish neighbour, the coast of South Devon is blessed with more than its share of scenic grandeur and variety.

We walk the clifftops around the mighty headlands of Bolt Head, Start Point and Gammon Head; through the idyllic thatched villages of Slapton and Hope Cove; along the beautiful sandy beaches at Soar Mill Cove and Blackpool Sands and amid the cheerful bustle of Salcombe, Devon's most southerly resort, where the white-washed houses and colourful boats give the town a Mediterranean feel. As you look inland from the coast path your view will vary from rugged moorland to patchwork fields, and on one occasion we walk along a causeway with the sea on one side and a large freshwater lake, teeming with birdlife, on the other. We shall also explore the historic town of Dartmouth with its fine Tudor, Jacobean and Georgian architecture, then cross the River Dart to visit Coleton Fishacre House (National Trust) with its beautiful art-deco interior and luxuriant gardens which enjoy spectacular coastal views.

All of these attractions aside, the most distinctive feature of this part of the South Devon coast is the number of magnificent rivers which reach the sea between Plymouth and Dartmouth. The Yealm, Erme, Avon, Kingsbridge and Dart all reach the sea hereabouts, and will feature on our walks.

The climate of the South Hams is so mild that in Salcombe oranges and lemons can be grown out of doors. The entire area exudes a feeling of prosperity and plenty. If you go on holiday looking to deprive yourself of luxuries the South Hams is not for you. This is, after all, the home of the 'cream tea'. Thankfully, despite their allure the South Hams remain unspoilt.

Guided holidays on the South Devon Coast

All of our guided tours on the South Devon Coast are accommodated at Stoke Lodge Hotel [ETB/AA★★★] in the delightful village of Stoke Fleming. The hotel is situated in an elevated position in the centre of the village, surrounded by three acres of gardens, lawns and woodland with seaviews from the southern aspect. The restaurant prides itself on preparing good food with the emphasis on quality local produce. All of the attractive and well-appointed bedrooms have ensuite facilities.

SDC1	7-12 May	5 nights	Grade: Moderate	£715
SDC2	10-17 June	7 nights	Grade: Moderate	£925
SDC3	9-16 September	7 nights	Grade: Easy	£925

A limited number of single rooms are available without supplement
Supplement for single occupancy of a double/twin-bedded room £20 per night

Self-guided holidays on the South Devon Coast

Guests who opt for a self-guided tour on the South Devon Coast can choose between half-board accommodation at Stoke Lodge Hotel and bed and breakfast accommodation at a comfortable family-run guesthouse in Dartmouth.

All prices detailed below are per person, and based upon two guests sharing a twin or double room. Discounts are available for parties of three or more guests

Dinner, bed and breakfast at Stoke Lodge Hotel in Stoke Fleming

Three nights	£405	SDCSH3	'Easy' or 'Moderate' itinerary
Five nights	£705	SDCSH5	
Seven nights	£895	SDCSH7	

Single traveller supplement £40 per night

Rail: Totnes

Onward travel: Public bus, river boat (when the tides are right), or taxi

Bed & Breakfast at a guesthouse in Dartmouth

Three nights	£285	SDCSB3	'Easy' or 'Moderate' itinerary
Five nights	£520	SDCSB5	
Seven nights	£635	SDCSB7	

Single traveller supplement £40 per night

“ I feel i've lived a fortnight in a week.
It's brilliant! ”

Ann B, Manchester





GRADES



The landscape of Dorset really does have something to please walkers of all tastes: a spectacular 'Jurassic' coastline (recently favoured with World Heritage status) with some splendid sea-sculpted offshore rock formations; long downland ridges with magnificent views over both sea and countryside; delightful little river valleys sheltering idyllic thatched villages and isolated farmsteads set in the fold of the hills.

One of the great joys of walking in Dorset is the fantastic contrast between the coast and its rural hinterland, and our programme of walks is designed to exploit this contrast to the full. As well as enjoying some superb walking along the switch-back coast around Kimmeridge and the 'Isle of Purbeck' peninsula you will walk across the exhilarating downland which rises just inland from the cliffs. The itinerary will vary depending upon the grade of the tour, but should include visits to the charming Victorian seaside resort of Swanage with its historic town centre and attractive harbour; the stone-built village of Corfe Castle with its picturesque cottages and iconic castle, the airy ridges of Nine Barrow Down, Ballard Down and Knowle Hill, which provide a hunting ground for numerous birds of prey and support a stunning variety of wild flowers and butterflies; the Studland National Nature Reserve with its unspoilt Dorset heath; and Old Harry Rocks.

FOOTPATH HOLIDAYS Dorset Coast

Guided holidays on the Dorset Coast

All of our guided holidays on the Dorset Coast are accommodated at Mortons House Hotel [ETC/AA★★★] in Corfe Castle, a beautiful 16th century Elizabethan manor house which is situated just off the central square. Built in 1590 in the shape of an 'E' to honour Queen Elizabeth I, the house has been sympathetically converted and furnished to provide individual character rooms, all extremely well-appointed with ensuite bathroom facilities. Mortons House Hotel was named as the winner of 'Small Hotel of the Year' category in the 2005/2006 South West of England Excellence in Tourism Awards whilst the dining room, which specialises in using quality local produce, holds two sought-after AA rosettes for the quality of the cuisine and service.

DOR1	14-19 May	5 nights	Grade: Easy	£815
DOR2	15-20 October	5 nights	Grade: Moderate	£815
DOR3	12-17 November	5 nights	Grade: Easy	£755

Supplement for single occupancy of a double/twin-bedded room £35 per night (reduced to £25 per night in November)

Self-guided holidays on the Dorset Coast

Guests who opt for a self-guided tour on the Dorset Coast can choose between half-board accommodation at Purbeck House Hotel and bed and breakfast accommodation at a comfortable family-run guesthouse in Swanage.

All prices detailed below are per person, and based upon two guests sharing a twin or double room. Discounts are available for parties of three or more guests

Dinner, bed and breakfast at Mortons House Hotel in Corfe Castle

Three nights	£440	DORSH3	'Easy' or 'Moderate' itinerary
Five nights	£800	DORSH5	
Seven nights	£995	DORSH7	

Single traveller supplement £50 per night

Rail: Wareham

Onward travel: Public bus or taxi

Bed & Breakfast at guesthouse in Corfe Castle

Three nights	£275	DORSB3	'Easy' or 'Moderate' itinerary
Five nights	£500	DORSB5	
Seven nights	£615	DORSB7	

Single traveller supplement £40 per night

“ Just a note to say how lovely the Dorset holiday was. The countryside and coast were just spectacular. A great holiday; one of the best. ”

Jan S, NC USA





GRADES



FOOTPATH HOLIDAYS South Downs

The South Downs of East Sussex offer the opportunity for superb downland walking in what has been, for many years, one of England's best known and best loved areas, recently - and deservedly - designated as a National Park. The sense of space is truly exhilarating, with far-reaching views over both the English Channel and the Sussex Weald. The underfoot conditions are excellent, even during wet weather, and the chalk grassland supports a marvellous variety of flora and butterflies as well as numerous birds of prey.

The chalk outcrop which forms the South Downs rises dramatically from the Sussex Weald to form a high north-facing escarpment. To the south the Downs roll gently down to the coast before ending abruptly in a line of massive and startlingly white cliffs. The short cropped grass drapes over the folds of the hills like velvet, Iron Age remains top the hills, and one of Britain's best known National Trails, the South Downs Way, runs along the ridge of the Downs.

Our walks will take us along the cliff-top path above Beachy Head and the Seven Sisters, through the Birling Gap and along the Cuckmere Valley, up to the exhilarating summit of Firls Beacon and further inland to visit the Wilmington Long Man. We will also walk the excellent stretch of the South Downs Way from the distinctive 'Jack and Jill' windmills at Clayton to the wonderful viewpoint of Ditchling Beacon, and drop down from Plumpton Plain to visit the historic town of Lewes. Your holiday will be based in the delightful village of Alfriston where the steep hills dip down to the River Cuckmere.

Guided holidays on the South Downs

All of our guided holidays on the South Downs are accommodated at Deans Place Country Hotel [AA★★★] in Alfriston. Deans Place is a beautiful 14th century building surrounded by four acres of lawns and gardens. The hotel, which is privately owned, offers a warm welcome, excellent service and beautifully-appointed ensuite bedrooms. Harcourts Restaurant, which prides itself on the use of the finest local produce, holds two AA Rosettes for the excellence of its food and service. All bedrooms have ensuite bathroom facilities.

SOU1	4-9 June	5 nights	Grade: Easy	£695
SOU2	1-8 July	7 nights	Grade: Moderate	£895
SOU3	3-8 September	5 nights	Grade: Easy	£695
SOU4	19-24 November	5 nights	Grade: Easy	£695

A limited number of single rooms are available without supplement

Supplement for single occupancy of a double/twin-bedded room £30 per night

Self-guided holidays on the South Downs

Guests who opt for a self-guided tour on the South Downs can choose between half-board accommodation at Deans Place Hotel and bed and breakfast accommodation at a comfortable family-run guesthouse in Alfriston.

All prices detailed below are per person, and based upon two guests sharing a twin or double room. Discounts are available for parties of three or more guests

Dinner, bed and breakfast at Deans Place Hotel in Alfriston

Three nights	£405	SOU5H3	'Easy' or 'Moderate' itinerary
Five nights	£715	SOU5H5	
Seven nights	£995	SOU5H7	

Single traveller supplement £40 per night

**Rail: Berwick (Sussex) or Polegate
Onward travel: Taxi**

Bed & Breakfast at a guesthouse in Alfriston

Three nights	£285	SOUSB3	'Easy' or 'Moderate' itinerary
Five nights	£510	SOUSB5	
Seven nights	£615	SOUSB7	

Single traveller supplement £40 per night

“ I just wanted to thank you for the amazing week we had. We are in the train to Paddington. We really liked Frank as our guide. He went above and beyond to try to make our walk the most enjoyable. Can't wait to receive your next brochure! ”

Maruquel S, PA USA





GRADES



FOOTPATH HOLIDAYS The Cotswolds

The Cotswolds fulfils most people's idea of a 'typical' English landscape. The beauty of the Cotswolds is unique in that much of it is man made. The distinctively picturesque Cotswold villages are typified by churches, manor houses, cottages and tithe barns all constructed from beautiful, mellow, honey-coloured stone. The same honey-coloured stone has been used to construct the myriad network of dry stone walls which criss-crosses the landscape of undulating hills, lush meadows and wooded river valleys.

The Cotswolds undoubtedly boasts some of England's best known villages, and our walks will take us to Snowhill, Stanton, Stanway, Broadway, the Slaughters, Broad Campden and Winchcombe. We will also visit Chipping Campden - 'Jewel of the Cotswolds' - which boasts one of the most complete and unspoilt Medieval high streets in Europe.

Of course, the excellence of the walking in the Cotswolds isn't simply dependent on the villages, as the area also possesses ancient woodland, pastoral river valleys and the sweeping curves of the Cotswold Escarpment. Our walks will explore the villages; meander through the valleys of the rivers Eye and Windrush; and climb above the villages to enjoy the extensive views from Dover's Hill and Broadway Hill.

Guided holidays in the Cotswolds

All of our guided tours in the Cotswolds are accommodated at Three Ways House [ETC/AA/RAC★★★], a handsome old building situated in the village of Mickleton just outside the attractive town of Chipping Campden. The hotel which provides a very high standard of comfort and service, was named 'Best Small Hotel of the Year' in the 2006/2007 South West of England Excellence in Tourism Awards. The dining room, which specialises in using quality local produce, holds an AA rosette. All bedrooms have ensuite facilities.

COT1	15-22 July	7 nights	Grade: Easy	£1,095
COT2	17-22 September	5 nights	Grade: Easy	£795
COT3	22-27 October	5 nights	Grade: Easy	£795

A limited number of single rooms are available without supplement

Supplement for single occupancy of a double/twin-bedded room £25 per night

Self-guided holidays in the Cotswolds

Guests who opt for a self-guided tour in the Cotswolds can choose between half-board accommodation at Three Ways House Hotel and bed and breakfast accommodation at a comfortable family-run guesthouse in Chipping Campden.

All prices detailed below are per person, and based upon two guests sharing a twin or double room. Discounts are available for parties of three or more guests

Dinner, bed and breakfast at Three Ways House Hotel in Mickleton

Three nights	£455	CTNSH3
Five nights	£810	CTNSH5
Seven nights	£1025	CTNSH7

'Easy' or
'Moderate'
itinerary

Single traveller supplement £40 per night

Rail: Moreton-in-Marsh or Honeybourne

Onward travel: Public bus or taxi

Bed & Breakfast at a guesthouse in Chipping Campden

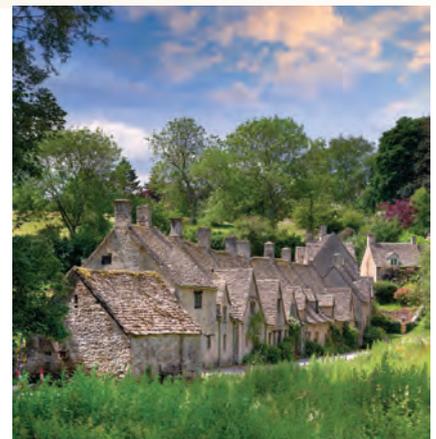
Three nights	£295	CTNSB3
Five nights	£565	CTNSB5
Seven nights	£675	CTNSB7

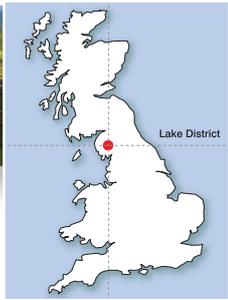
'Easy' or
'Moderate'
itinerary

Single traveller supplement £40 per night

“ I just got off the phone with Brenda S about their walk in the Cotswolds and wanted you to know that they absolutely had the most wonderful trip! ”

Louise M, IL USA





GRADES



The Lake District is England's only true mountain region and contains some of the most stunningly beautiful scenery in the world. The valleys which radiate from the central massif of mountains contain long, deep, glacially formed lakes which provide a marvellous contrast to the spectacular peaks, and give the area its name. The scenery in the Lake District never fails to leave the visitor with a sense of awe, and an understanding of why this landscape inspired a generation of poets.

This unique landscape, which has been nominated as one of National Geographic's top ten 'must-see' destinations in the world, has a superb network of footpaths and tracks which stretches through the valleys and along the lake shores, as well as traversing the flanks and summits of the high fells, making it accessible to all.

The individual walks will depend upon the grade of the tour, however, they will all pass through the wonderful scenery of the valleys and lakeshores of the central Lake District, visiting Rydal, Langdale, the surging waterfall at Skelwith Bridge and lonely Easedale Tarn. Memories of the breathtaking panorama from Loughrigg Terrace, and the superb view of Windermere and the Coniston Fells from Jenkin Crag will never be forgotten.

“ I can hardly find the words to express my enthusiasm about my holiday. It was an experience I only dreamed of.”

Agnes J, Netherlands

FOOTPATH HOLIDAYS Lake District National Park

Guided holidays in the Lake District

All of our guided tours in the Lake District are accommodated at the Inn at Grasmere (formerly the Grasmere Red Lion Hotel), which stands in the centre of the picturesque mountain village of Grasmere, close to the church where William Wordsworth, the Lakeland poet, lies buried. The Red Lion offers a warm welcome, excellent accommodation and superb food. All bedrooms have ensuite facilities

LKD1	17-24 June	7 nights	Grade: Easy	£945
LKD2	2-9 September	7 nights	Grade: Moderate	£945
LKD3	8-13 October	5 nights	Grade: Moderate	£745
LKD4	5-10 November	5 nights	Grade: Easy	£645

Supplement for single occupancy of a double/twin-bedded room £15 per night

Self-guided holidays in the Lake District

Guests who opt for a self-guided tour in the Lake District can choose between half-board accommodation at the Inn at Grasmere and bed and breakfast accommodation at a comfortable family-run guesthouse in Grasmere.

All prices detailed below are per person, and based upon two guests sharing a twin or double room. Discounts are available for parties of three or more guests

Dinner, bed and breakfast at The Inn at Grasmere in Grasmere

Three nights	£415	LKDSH3	‘Easy’ or ‘Moderate’ itinerary
Five nights	£745	LKDSH5	
Seven nights	£940	LKDSH7	

Single traveller supplement £40 per night

Bed & Breakfast at a guesthouse in Grasmere

Three nights	£295	LKDSB3	‘Easy’ or ‘Moderate’ itinerary
Five nights	£500	LKDSB5	
Seven nights	£615	LKDSB7	

Single traveller supplement £40 per night

Rail: Windermere

Onward travel: Public bus or taxi





GRADES



The Yorkshire Dales are often described as the finest walking area in England. It is the combination of high moorland, verdant valleys, haymeadows and pastures criss-crossed by a tracery of dry stone walls, distinctive stone-built villages, crystal-clear rivers and a myriad of waterfalls which gives the Yorkshire Dales National Park a unique quality and makes it such a favourite amongst walkers and hikers from this country and abroad. A visit to the Yorkshire Dales is always memorable.

We base our tours in the north of the Yorkshire Dales National Park in Wensleydale, close to the village of Sedbusk. This excellent location will allow us not only to enjoy Wensleydale itself, but to also sample the magic of Swaledale. In the course of our walks we shall admire the exhilarating views from Kisdon, Bracken Hill and Crackpot Hall, and descend into the valleys to visit the attractive stone-built villages of Muker, Keld, Bainbridge and West Burton. We shall also have time to explore the bustling market town of Hawes, home to the famous Wensleydale Cheese, and Askrigg which features in the BBC TV series *All Creatures Great and Small* as the location for Skeldale House, where the vet James Herriot lived.

The Yorkshire Dales are famed for their wonderful rivers, and the magnificent series of waterfalls at Aysgarth and Keld will be amongst the highlights of the tour.

Despite its obvious attractions the area still maintains an air of tranquillity - the perfect place to unwind.

“ Words cannot express how much my sister and I enjoyed our recent walking holiday. Everything was so well done and the hotel was superb in every way. ”

Top photo:
©Mike Kipling/Loop Images/SuperStock

Carole J, Portsmouth

FOOTPATH HOLIDAYS Yorkshire Dales

Guided holidays in the Yorkshire Dales

All of our guided tours in the Yorkshire Dales are accommodated at The Stone House Hotel [ETC/AA★★★], a classic country manor house and garden situated at Sedbusk in the heart of the Wensleydale countryside and close to the famous market town of Hawes. The Stone House Hotel is a family-run establishment with an excellent reputation for comfort and cuisine, and an idyllic location in which to base a walking holiday. All bedrooms have ensuite facilities.

YKD1	3-10 June	7 nights	Grade: Easy	£935
YKD2	22-29 July	7 nights	Grade: Moderate	£935
YKD3	29 October – 3 November	5 nights	Grade: Easy	£725

Supplement for single occupancy of a double/twin-bedded room £20 per night

Self-guided holidays in the Yorkshire Dales

Guests who opt for a self-guided tour in Yorkshire's Northern Dales can choose between half-board accommodation at the Stone House Hotel and bed and breakfast accommodation at a comfortable family-run guesthouse in the nearby market town of Hawes.

All prices detailed below are per person, and based upon two guests sharing a twin or double room. Discounts are available for parties of three or more guests

Dinner, bed and breakfast at Stone House Hotel in Sedbusk

Three nights	£415	YDNSH3	‘Easy’ or ‘Moderate’ itinerary
Five nights	£780	YDNSH5	
Seven nights	£1005	YDNSH7	

Single traveller supplement £40 per night

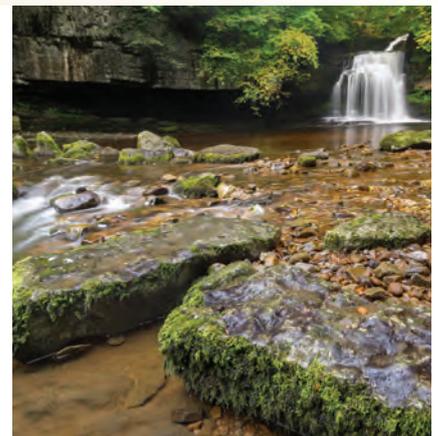
Rail: Garsdale Head

Onward travel: Community bus or taxi

Bed & Breakfast at a guesthouse in Hawes

Three nights	£285	YDNSB3	‘Easy’ or ‘Moderate’ itinerary
Five nights	£530	YDNSB5	
Seven nights	£635	YDNSB7	

Single traveller supplement £40 per night





GRADES



FOOTPATH HOLIDAYS Scottish Borders

The rolling green hills of the Scottish Borders have much to offer the walker - a fine salmon river, historic abbeys and castles, extensive views from the hill tops, fresh air, peace and quiet.

This is a green and fertile region of Scotland, the towns and villages are as attractive as their surroundings and the hedgerows are glorious. Depending upon the season they are laced with hawthorn, festooned in wild roses, dripping with wild raspberries and bright with flowers. Salmon and trout leap in the Tweed, grouse call on the high moors and the sheep graze on the hillsides.

Three of Scotland's finest Long Distance Paths, the Southern Upland Way, St Cuthbert's Way and the Borders Abbeys Way meet at Melrose so the itinerary we offer will include some fine stretches of these well-maintained and superbly waymarked paths. They will include the lofty viewpoints of the Eildon Hills and Penniel Heugh; peaceful Cauldshiels Loch; ancient Traquair House; Melrose and Dryburgh Abbeys; Abbotsford House, Harestanes Visit Centre and the Wallace Monument.

“ Again, thank you so much for the superb and friendly organisation! All of the walks have been 'highlights' ”

Dorothy F, OR, USA

Guided holidays in the Scottish Borders

All of our guided tours in the Scottish Borders are accommodated at the superbly appointed Burt's Hotel [AA★★★★, STB★★★★], which faces onto the Market Square in Melrose. As well as providing exceptionally comfortable accommodation Burt's boasts an award-winning restaurant with two sought-after AA Rosettes for its food, and the distinction of having been named as the AA pub of the Year for Scotland 2004 / 2005 for its overall excellence of food, accommodation and welcome. Burts Hotel has also been named as Country Dining Pub of the Year in the Good Pub Awards for 2015. All bedrooms have ensuite facilities.

SCO1	21-26 May	5 nights	Grade: Easy	£775
SCO2	29 July – 5 August	7 nights	Grade: Easy	£1095
SCO3	1-6 October	5 nights	Grade: Moderate	£775

A limited number of single rooms are available without supplement

Self-guided holidays in the Scottish Borders

Guests who opt for a self-guided tour in the Scottish Borders can choose between half-board accommodation at Burts Hotel and bed and breakfast accommodation at a comfortable family-run guesthouse in Melrose.

All prices detailed below are per person, and based upon two guests sharing a twin or double room. Discounts are available for parties of three or more guests

Dinner, bed and breakfast at Burts Hotel in Melrose

Three nights	£430	TWVSH3	‘Easy’ or ‘Moderate’ itinerary
Five nights	£760	TWVSH5	
Seven nights	£1005	TWVSH7	

Single traveller supplement £40 per night

Bed & Breakfast at a guesthouse in Melrose

Three nights	£275	TWVSB3	‘Easy’ or ‘Moderate’ itinerary
Five nights	£500	TWVSB5	
Seven nights	£625	TWVSB7	

Single traveller supplement £40 per night

Rail: Berwick-upon-Tweed or Tweedbank

Onward travel: Public bus or taxi





GRADES
E M

FOOTPATH HOLIDAYS Self Guided Tours

Far West of Cornwall

The far west of Cornwall provides a dramatic landscape where granite-studded moorland reaches down to a spectacular coastline and the sea surges into picturesque coves. This rugged splendour is beautifully balanced by an abundance of wild flowers. Spring comes early in Cornwall and by April the walker is able to enjoy a fine display of primroses and violets. In high summer the moorland is ablaze with the purple and gold of heather and gorse.

The moorland which overlooks the coastline is dotted with ancient stone circles, cromlechs and mysterious standing stones, many of which predate Stonehenge by several thousand years and contribute greatly to the mystique of the area. It is no coincidence that the vast majority of Cornwall's fascinating folklore has its origins on this isolated peninsula. The starkly beautiful chimneys of abandoned tin mines are a reminder of Cornwall's proud industrial heritage.

Highlights of the holiday will include visits to the village of Zennor, with its tiny church and touching mermaid legend; Land's End for magnificent views from England's most westerly point; the picturesque fishing village of Mousehole; Porthcurno where the famous open air Minack Theatre is cut into the cliff face and picturesque Lamorna Cove.

Bed and breakfast at a guesthouse in Penzance

Your holiday in the Far West of Cornwall will be based at a comfortable family-run guesthouse close to the centre of the attractive town of Penzance. Your room will have ensuite bathroom facilities and you will have a choice of continental or full English breakfast. Penzance has a good range of restaurants and pubs serving meals in the evening.

Three nights	£285	FWCSB3	'Easy' or 'Moderate' itinerary
Five nights	£505	FWCSB5	
Seven nights	£605	FWCSB7	

Single traveller supplement £40 per night

Dinner, bed and breakfast at the Old Coastguard Hotel in Mousehole

Your holiday in the Far West of Cornwall will be based at the Old Coastguard Hotel in the picturesque fishing village of Mousehole, overlooking St Michael's Mount. The hotel's brasserie restaurant prides itself on using the freshest fish and quality Cornish meat and vegetables. In 2013 the Old Coastguard was named Country Dining Pub of the Year by the Good Pub Guide. The hotel gardens are a particular feature, and all of the bedrooms have ensuite bathroom facilities.

Three nights	£430	FWCSH3	'Easy' or 'Moderate' itinerary
Five nights	£800	FWCSH5	
Seven nights	£1015	FWCSH7	

Single traveller supplement £50 per night

Rail: Penzance

Onward travel: Public bus or taxi

Cornwall's Lizard Peninsula

Cornwall's southern coast is an area of fantastic contrasts. The spectacular ruggedness of Kynance Cove is beautifully balanced by the tranquillity of Gunwalloe and the Loe Pool, whilst the surging seas around Lizard Point, contrast sharply with the lapping waters of the Helford Estuary - Cornwall's foremost oyster fishery. The area is designated and protected as an Area of Outstanding Natural Beauty.

In spring and early summer the cliffs are dripping with wild flowers and in late summer purple heather carpets the heathland just inland from the coast. Your walks will take you along the coast path to the little harbours at Mullion and Coverack, and around the massive promontory of the Lizard itself. You will visit Kynance Cove and Gunwalloe Cove and stroll through the charming village of Cadgwith with its cobbled quay and its cascade of thatched fisherman's cottages. Another walk will take you out to the Helford River which you can cross by foot ferry to visit the beautifully preserved estuary village of Durgan and the National Trust's garden at Glendurgan.

Bed and breakfast at a guesthouse in Coverack

Your holiday on the Lizard will be based at a comfortable family-run guesthouse in the village of Coverack. Your room will have ensuite bathroom facilities and you will have a choice of continental or full English breakfast. Coverack has several inns serving meals in the evening.

Three nights	£280	LIZSB3	'Easy' or 'Moderate' itinerary
Five nights	£510	LIZSB5	
Seven nights	£615	LIZSB7	

Single traveller supplement £60 per night

Dinner, bed and breakfast at the Bay Hotel in Coverack

Your holiday on the Lizard will be based at The Bay Hotel in the unspoilt fishing village of Coverack. The family-run hotel stands in a slightly elevated position in its own grounds overlooking the waterfront. The well-appointed bedrooms are tastefully decorated and the restaurant prides itself on the use of fresh local produce, with Cornish seafood a particular speciality. All bedrooms have ensuite bathroom facilities.

Three nights	£430	LIZSH3	'Easy' or 'Moderate' itinerary
Five nights	£790	LIZSH5	
Seven nights	£980	LIZSH7	

Single traveller supplement £40 per night

Rail: Redruth

Onward travel: Public bus or taxi

Dartmoor National Park

Dartmoor is the last truly wild area in Southern England, and the jagged skyline of the high moor has given rise to many myths, legends and works of literature. The visitor, however, will soon discover that the moor can be a far more agreeable place than that portrayed by Sir Arthur Conan Doyle in the 'Hound of the Baskervilles'.

The 'edge of the moor' is a world of verdant grassland, tumbling streams and light woodland. Gorse and heather render the moor purple and gold during the late summer, jagged rock formations and ancient stone circles lend atmosphere, and crystal clear streams tumble from the high moor as they lose height on their race toward the sea. Nestling in the valleys are attractive villages where welcoming country inns serve a good pint, and tearooms a traditional cream tea.

The walks will include visits to the airy viewpoints of Haytor Rocks and Hound Tor; the ancient clapper bridge across the River Dart at Postbridge; Wistman's Wood with its lichen-covered and weather-stunted oaks; Grimspound where the remains of late Bronze Age round houses add atmosphere to the landscape; and the idyllic villages of Lustleigh and North Bovey.

Bed and breakfast at a guesthouse in Moretonhampstead

Your holiday on Dartmoor will be based at a comfortable family-run guesthouse close to the centre of the attractive moorland town of Moretonhampstead. Your room will have ensuite bathroom facilities and you will have a choice of continental or full English breakfast. Moretonhampstead has several excellent inns which serve food in the evening.

Three nights	£285	DTMSB3	'Easy' or 'Moderate' itinerary
Five nights	£510	DTMSB5	
Seven nights	£615	DTMSB7	

Single traveller supplement £40 per night

Dinner, bed and breakfast at the Rock Inn in Haytor Vale

Your holiday on Dartmoor will be based at the Rock Inn in the tiny moorland village of Haytor Vale, which nestles below the iconic landmark of Hay Tor. The inn's restaurant holds a coveted AA Rosette and their table d' hote menu features dishes prepared using locally sourced ingredients. All of the attractive and well-appointed bedrooms have ensuite bathroom facilities.

Three nights	£405	DTMSH3	'Easy' or 'Moderate' itinerary
Five nights	£715	DTMSH5	
Seven nights	£920	DTMSH7	

Single traveller supplement £50. per night

Rail: Newton Abbot

Onward travel: Taxi

FOOTPATH HOLIDAYS

Self Guided Tours



GRADES



Exmoor National Park

This walking programme has been designed to show the very best of one of England's smallest National Parks and, in particular, its marvellous diversity of landscape. Exmoor encompasses the best that the West Country has to offer; colourful heather-clad hillsides, sun-dappled oak woodlands, quiet river valleys, a splendid coastline and a wealth of unspoilt villages. Exmoor is home to the last of England's native red deer herds; its rivers are noted for their salmon and wild trout, and hawks soar above the hillsides. Otters, once persecuted almost to extinction, are making a welcome return to the rivers and native wild ponies still roam the moor.

From the charming thatched villages at Selworthy Green, Bossington and Horner to the breathtaking seascapes from Bossington Hill and Selworthy Beacon; from the oakwoods of Horner and Watersmeet to the steep-sided valleys of 'Lorna Doone country' around Oare and Malmsmead; from the high moorland ridge of Dunkery Beacon to the tiny church at Stoke Pero - few could fail to be charmed by Exmoor - one of England's most varied landscapes.

Bed and breakfast at a guesthouse in Dunster

Your holiday on Exmoor will be based at a comfortable family-run guesthouse in the charming village of Dunster. Your room will have ensuite bathroom facilities and you will have a choice of continental or full English breakfast. Dunster has a good range of hotels and pubs serving meals in the evening.

Three nights	£295	EXMSB3	'Easy' or 'Moderate' itinerary
Five nights	£510	EXMSB5	
Seven nights	£635	EXMSB7	

Single traveller supplement £40 per night

Dinner, bed and breakfast at the Luttrell Arms Hotel in Dunster

Your holiday on Exmoor will be based at the 15th century Luttrell Arms Hotel in the centre of Dunster. Originally built as a guesthouse for the monks of Cleve Abbey, the Luttrell Arms is always a favourite with guests from abroad. The hotel combines period charm with an excellent standard of comfort and cuisine. The restaurant holds an RAC dining award for its food. All bedrooms have ensuite bathroom facilities.

Three nights	£425	EXMSH3	'Easy' or 'Moderate' itinerary
Five nights	£780	EXMSH5	
Seven nights	£1015	EXMSH7	

Single traveller supplement £60 per night

Rail: Taunton

Onward travel: Public bus or taxi

West Wiltshire Downs

Set in and around an Area of Outstanding Natural Beauty on the edge of Salisbury Plain the rolling chalk hills of the West Wiltshire Downs and Cranborne Chase are a very special place to walk.

Your walks will take you across high downland ridges with far reaching views, through verdant broadleaf woodland and along the beautiful Wylve Valley with its attractive thatched villages. There is a tremendous amount of visible prehistory on the Wiltshire Downs, and you will see ancient field systems, burial mounds and flint workings. You will walk around the battlements of two of Britain's finest iron-age hillforts and visit the Westbury White Horse below Bratton Camp, close to the site where King Alfred defeated the Danes in AD878.

The airy downland provide a hunting ground for numerous birds of prey and the chalk soil supports a stunning variety of wild flowers throughout the spring and summer. For the best chance of seeing carpets of bluebells visit in early May, or in mid June for one of Britain's best displays of wild orchids.

Bed and breakfast at a guesthouse in Heytesbury

Your holiday in the West Wiltshire Downs will be based at a comfortable family-run guesthouse in the attractive village of Heytesbury set in the Upper Wylve Valley. Your room will have ensuite bathroom facilities and you will have a choice of continental or full English breakfast. Heytesbury has two inns serving meals in the evening, whilst the nearby market town of Warminster, and surrounding villages, also have a number of quality restaurants and inns.

Three nights	£285	WWDSB3	'Easy' or 'Moderate' itinerary
Five nights	£510	WWDSB5	
Seven nights	£610	WWDSB7	

Single traveller supplement £40 per night

Dinner, bed and breakfast at the Spread Eagle Inn in Stourton

Your holiday in the West Wiltshire Downs will be based at the historic Spread Eagle Inn in the estate village of Stourton. The attractive bedrooms are furnished with items from the National Trust's antique collection which combine seamlessly with modern comforts. The food at the Spread Eagle is excellent, with the vast majority sourced from the Stourhead estate itself, other local producers and other National Trust estates. In summer you can round off dinner by joining the resident peacocks for a walk around the lake, and in winter enjoy the warmth of a roaring log fire in the comfortable and welcoming bar. All bedrooms have ensuite bathroom facilities.

Three nights	£405	WWDSH3	'Easy' or 'Moderate' itinerary
Five nights	£725	WWDSH5	
Seven nights	£910	WWDSH7	

Single traveller supplement £50 per night

Rail: Warminster or Gillingham

Onward travel: Public bus or taxi

Ancient Landscapes of Wessex

The landscape of Salisbury Plain and the North Wessex Downs is steeped in ancient history. Amesbury on the edge of Salisbury Plain is considered to be the oldest settlement in Britain, having been continuously inhabited since 8820BC, and the evidence is apparent in the surrounding countryside which is littered with a dense complex of Neolithic and Bronze Age burial sites, standing stones and mysterious chalk hill figures.

Originally a Neolithic axe traders' route, the ancient Ridgeway, Britain's oldest road, has been in use for at least 5,000 years. It provided a dry, high level route with good visibility which was easy to protect against possible attack. Nowadays it provides wonderful recreational walking through a timeless landscape of rolling chalk grassland, secluded river valleys, attractive villages, meadows, and pockets of deciduous woodland. The calcareous grassland supports an abundance of wild flowers, butterflies, and birds. During June and July wild orchids grow in profusion.

Highlights of the walks include the far-reaching views from the high points of Barbury Castle and Morgan's Hill, the Bronze Age Uffington White Horse, the Neolithic chambered tombs at West Kennett and Wayland Smithy and the world-famous stone circles at Stonehenge and Avebury.

Bed and breakfast at a guesthouse in Devizes

Your holiday in Wessex will be based at a comfortable family-run guesthouse in the market town of Devizes. Your room will have ensuite bathroom facilities and you will have a choice of continental or full English breakfast. Devizes has a good range of hotels and pubs serving meals in the evening.

Three nights	£305	ALWSB3	'Easy' or 'Moderate' itinerary
Five nights	£540	ALWSB5	
Seven nights	£655	ALWSB7	

Single traveller supplement £40 per night

Dinner, bed and breakfast at The Peppermill in Devizes

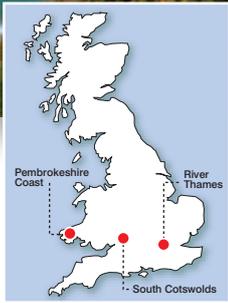
Your holiday in Wessex will be based at The Peppermill in the centre of Devizes. The small boutique-style hotel is situated in one of the oldest buildings in Devizes (c. 1450) and combines period charm with an excellent standard of comfort and cuisine. The restaurant holds two sought-after AA rosettes for the quality of its food and service. All bedrooms have ensuite bathroom facilities.

Three nights	£370	ALWSH3	'Easy' or 'Moderate' itinerary
Five nights	£800	ALWSH5	
Seven nights	£985	ALWSH7	

Single traveller supplement £50 per night

Rail: Swindon

Onward travel: Public bus or taxi



FOOTPATH HOLIDAYS Self Guided Tours

South Cotswolds

The Cotswolds AONB (Area of Outstanding Natural Beauty) fulfils most people's idea of a 'typical' English landscape. It encompasses rolling hills, deciduous woodland, pastoral river valleys, wildflower meadows and honey-coloured stone villages.

This holiday explores the southern part of the area where the landscape is softer and more bucolic; where clear streams run through flower meadows in the secluded Duntisbourne, Coln and Windrush valleys, and honey-coloured cottages cluster round manor houses and medieval churches, well off the 'beaten track'.

Beautiful villages, the hallmark of the Cotswolds, will feature highly, and amongst those visited will be Swinbrook, Minster Lovell, Asthall, the Duntisbournes, Coln St Dennis, Coln St Aldwyns and Bibury - described by 19th century artist William Morris as 'the most beautiful village in England' - where a clear trout stream flows alongside a village street lined with picturesque cottages and picture-perfect almshouses.

One of the walks will finish in the bustling little town of Burford with its wide high street and medieval merchants' houses, and another in Cirencester with its cathedral-like church, and handsome terraces of Georgian townhouses.

Bed and breakfast at a guesthouse in Cirencester

Your holiday in the southern Cotswolds will be based in a comfortable family-run guesthouse in the attractive market town of Cirencester. Your room will have ensuite bathroom facilities and you will have a choice of continental or full English breakfast. Cirencester has wide range of restaurants, tearooms and inns.

Three nights	£325	CTSSB3	'Easy' or 'Moderate' itinerary
Five nights	£550	CTSSB5	
Seven nights	£675	CTSSB7	

Single traveller supplement £40 per night

Dinner, bed and breakfast at the New Inn in Coln St Aldwyns

Your holiday in the southern Cotswolds will be based at the historic New Inn a traditional ivy-clad inn at the heart of the idyllic and unspoilt village of Coln St Aldwyns. As you would expect in a 16th century building the characterful rooms have period features and are all individually furnished. They also have excellent modern ensuite bathroom facilities and free WiFi. The cosy restaurant specialises in using quality local produce in a British and European menu, and holds two AA Rosettes for the excellence of its cuisine.

Three nights	£430	CTSSH3	'Easy' or 'Moderate' itinerary
Five nights	£730	CTSSH5	
Seven nights	£950	CTSSH7	

Single traveller supplement £50 per night

Rail: Kemble

Onward travel: Public bus or taxi

River Thames

The Thames is a river of great variety, particularly in its middle section where the river is navigable but still quite narrow and every bend in the river brings a new view. Birdlife and bank-side flora abound and the passing narrow boats add interest and a sense of tradition and fun without detracting from the peace and beauty of the river - they are all an intrinsic part of the waterside scene. Small riverside hamlets, locks with their attractive keeper's cottages and waterside inns all add to the unique atmosphere which can only be experienced whilst walking the banks of England's most famous river.

The River Thames supports a wide variety of wildlife, and ducks, kingfishers, herons and warblers share the river with damselflies, dragonflies and butterflies. The margins of the river are home to colourful yellow flag irises, marsh marigolds and purple loosestrife.

Highlights will include the Sandford 'Lasher' where the river roars through the weir beside Sandford Lock; the picturesque villages of Culham, Clifton Hampden, Dorchester-on-Thames and Sutton Courtenay; the view from Wittenham Clumps; and the historic market squares in Abingdon and Wallingford.

Bed and breakfast at a guesthouse in Wallingford

Your holiday on the River Thames will be based at a family-run B&B on the edge of the attractive market town of Wallingford. Your room will have ensuite bathroom facilities and you will have a choice of continental or full English breakfast. Wallingford has a number of inns and restaurants serving meals in the evening.

Three nights	£285	TMSSB3	'Easy' or 'Moderate' itinerary
Five nights	£510	TMSSB5	
Seven nights	£625	TMSSB7	

Single traveller supplement £50 per night

Dinner, bed and breakfast at the George Hotel in Wallingford

Your holiday on the River Thames will be based at the George Hotel, a former coaching inn which is located in the historic high street in Wallingford, just a stone's throw from the River Thames. It is thought that the hotel building, which dates from the 16th century, was once the dower house to Wallingford Castle, the ruins of which are located to the rear of the hotel. All of the bedrooms have ensuite bathroom facilities and the hotel's restaurant prides itself on using quality local produce.

Three nights	£425	TMSSH3	'Easy' or 'Moderate' itinerary
Five nights	£745	TMSSH5	
Seven nights	£965	TMSSH7	

Single traveller supplement £50 per night

Rail: Didcot Parkway

Onward travel: Public bus or taxi

Top photo:

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Pembrokeshire Coast, North

Situated on the wild west coast of Wales, Britain's only coastal National Park provides peaceful walking along a coastline characterised by rugged cliffs, craggy headlands and magnificent golden, sandy beaches. The rugged cliffs provide a home for a huge variety of sea birds and from the spring to the autumn the path is a blaze of colour with the myriad species of wild flowers which flourish in the mild south westerly breezes. Off-shore islands appear to float on the sparkling seas and rocky tors crown each headland.

History and legends abound in Pembrokeshire, and our walks take us past ancient burial chambers, promontory forts, chapels and shrines established by Celtic wayfarers travelling between Ireland, Cornwall and Brittany.

Highlights include the cliffs of Strumble Head and St David's Head; the charming villages of Abereiddy, with its 'Blue Lagoon'; and fjord-like Solva; the Carreg Sampson Neolithic burial chamber; stunning views of the off-shore island wildlife havens of Ramsey and Skomer; the views from the summit of Carn Llidi and the ancient cathedral in St David's, Britain's smallest city.

Bed and breakfast at a guesthouse in St David's

Your holiday on the Pembrokeshire Coast will be based at a comfortable family-run guesthouse close to the centre of St David's, Britain's smallest cathedral 'city'. Your room will have ensuite bathroom facilities and you will have a choice of continental or full Welsh breakfast. St David's has a range of restaurants and pubs serving meals in the evening.

Three nights	£285	PBNSB3	'Easy' or 'Moderate' itinerary
Five nights	£510	PBNSB5	
Seven nights	£615	PBNSB7	

Single traveller supplement £40 per night

Dinner, bed and breakfast at the Warpool Court Hotel in St David's

Your holiday on the Pembrokeshire Coast will be based at Warpool Court Hotel, which stands in extensive gardens overlooking St Bride's Bay on the edge of the tiny cathedral 'city' of St David's. Warpool Court is something special; set in a magnificent coastal location, with breath-taking views both out to sea and inland, it provides a very high standard of comfort in well appointed rooms, and the hotel's restaurant holds two AA rosettes and an RAC Merit award for the excellence of its cuisine. All bedrooms have ensuite bathroom facilities.

Three nights	£570	PBNSH3	'Easy' or 'Moderate' itinerary
Five nights	£830	PBNSH5	
Seven nights	£1045	PBNSH7	

Single traveller supplement £80 per night

Rail: Haverfordwest

Onward travel: Public bus or taxi



GRADES



FOOTPATH HOLIDAYS Self Guided Tours

Shropshire Hills

This wonderful landscape, little-known even in Britain despite being designated an 'Area of Outstanding Natural Beauty', lies close to the Welsh border and provides marvellous walking. Much of the area is owned and managed by the National Trust and the quiet hillsides, draped in heather, bilberry, and springy grass, are laced with tumbling streams and hidden coombes.

The walks we have selected to show the scenery at its best, and you will be able to enjoy the rocky ridge of the Stiperstones (a National Nature Reserve famous for its legends of devilry and witchcraft); the beautiful sweep of the Cardingmill Valley; a traverse of the plateau of the heather-covered Long Mynd; the exhilarating views from the whale-back ridges of Lawley and Caer Caradoc; wooded Wenlock Edge with its views across to the Long Mynd; the Elizabethan manor house at Wilderhope; and Stokesay Castle, the finest and best preserved medieval fortified manor house in England.

The little market town of Bishop's Castle with its steep main street, medieval square, and micro-brewery (the oldest working brewery in Britain) makes the perfect base for a relaxing holiday.

Bed and breakfast at a guesthouse in Bishop's Castle

Your holiday in Shropshire will be based at a comfortable family-run guesthouse in Bishop's Castle. Your room will have ensuite bathroom facilities and you will have a choice of continental or full English breakfast. Bishop's Castle has a number of restaurants and pubs serving meals in the evening, and two micro-breweries, one of which is the oldest working brewery in Britain. Bishop's Castle participates in the 'Walkers are Welcome' scheme.

Three nights	£275	SPHSB3	'Easy' or 'Moderate' itinerary
Five nights	£530	SPHSB5	
Seven nights	£635	SPHSB7	

Single traveller supplement £40 per night

Dinner, bed and breakfast at the Castle Hotel in Bishop's Castle

Your holiday in Shropshire will be based at the Castle Hotel which stands in an elevated position at one end of the attractive and unspoilt market town of Bishop's Castle. The hotel, which dates from 1719, has a beautiful terrace garden; the perfect place to relax and enjoy panoramic views of the Shropshire Hills. The well-appointed rooms are tastefully furnished and the restaurant serves good food with the emphasis on quality local produce. All bedrooms have ensuite bathroom facilities.

Three nights	£415	SPHSH3	'Easy' or 'Moderate' itinerary
Five nights	£735	SPHSH5	
Seven nights	£920	SPHSH7	

Single traveller supplement £50 per night

Rail: Craven Arms

Onward travel: Public bus or taxi

Derbyshire Dales

Set in the 'White Peak' area of the Peak District National Park, the Derbyshire Dales offer a wonderful diversity of scenery - tranquil wooded river valleys, high limestone pasture, spectacular limestone gorges and picturesque villages. The diversity, together with the generally excellent underfoot conditions, makes the Derbyshire Dales a superb base for a relaxing walking holiday.

One of your walks will visit Dovedale (made famous by Izaak Walton, the 'father of angling') where the sparkling river Dove twists and turns as it passes through narrow wooded gorges and below limestone pinnacles, and every corner reveals new delights. Other walks will visit the lesser-known, but equally beautiful, countryside of the Manifold Valley, Beresford Dale, Wolfscote Dale and Cressbrook Dale where wild orchids put on a splendid display in season.

The Derbyshire Dales are dotted with attractive stone-built villages, many of which are famous for the tradition of 'well dressing' where delicate tableaux are crafted from flower petals. Some of the wonderful villages visited on the walks include Ashford-in-the-Water, Ilam, Biggin, Youlgreave, Hartington, Monyash, Foolow and the famous 'plague village' of Eyam.

Bed and breakfast at a guesthouse in Hartington

Your holiday in the Derbyshire Dales will be based at a comfortable family-run guesthouse in the attractive village of Hartington. Your room will have ensuite bathroom facilities and you will have a choice of continental or full English breakfast. Hartington has two inns and a hotel restaurant which serve food in the evening.

Three nights	£285	DBDSB3	'Easy' or 'Moderate' itinerary
Five nights	£530	DBDSB5	
Seven nights	£635	DBDSB7	

Single traveller supplement £40 per night

Dinner, bed and breakfast at Biggin Hall Hotel in Biggin-by-Hartington

Your holiday in the Derbyshire Dales will be based at the Biggin Hall Hotel, an historic country house hotel which is located in the tiny village of Biggin-by-Hartington, right at the heart of the walking. The hotel, which dates from the 17th century, offers well-appointed and tastefully furnished rooms and the restaurant serves good food with the emphasis on quality local produce. All bedrooms have ensuite bathroom facilities.

Three nights	£415	DBDSH3	'Easy' or 'Moderate' itinerary
Five nights	£760	DBDSH5	
Seven nights	£975	DBDSH7	

Single traveller supplement £..... per night

Rail: Derby

Onward travel: Public bus or taxi

Yorkshire's Limestone Dales

Nestling in the shadows of the mighty 'Three Peaks' of Ingleborough, Pen-y-Ghent and Wharfedale lie Yorkshire's limestone dales. The gleaming white of the limestone scars, laid bare by the last Ice Age, add light to a rugged landscape, whilst the sweet springy turf provides the perfect walking surface. The geology of this area has created a unique landscape of 'limestone pavements' and weathered scars and it is impossible to resist the temptation to leave the path to touch the rocks and walk across the 'pavements' where rare lime-loving plants hide in the crevices.

The crystal clear rivers which run through Wharfedale and Ribblesdale meander over smooth shelves of limestone or, where harder rocks extrude, rush and boil through rocky constrictions and thunder over series of dramatic waterfalls.

Highlights of your holiday will include Ribblesdale where the shapely form of Pen-y-Ghent dominates the skyline; a walk from Grassington to Kettlewell; and a visit to Malhamdale where the natural limestone cliff of Malham Cove and the walls of Gordale Scar, which tower 300' above the path, present an awe-inspiring sight.

Bed and breakfast at a guesthouse in Austwick

Your holiday in Yorkshire's Limestone Country will be based at a comfortable family-run guest house in the village of Austwick. Your room will have ensuite bathroom facilities and you will have a choice of continental or full English breakfast. Austwick has a hotel restaurant and a pub serving meals in the evening.

Three nights	£285	YDLSB3	'Easy' or 'Moderate' itinerary
Five nights	£520	YDLSB5	
Seven nights	£635	YDLSB7	

Single traveller supplement £40 per night

Dinner, bed and breakfast at The Traddock Hotel in Austwick

Your holiday in Yorkshire's Limestone Country will be based at The Traddock Hotel an elegant Georgian country house set in its own attractive grounds. In a bygone era the grounds were the horse trading paddock - hence the name. The Traddock Hotel's excellent restaurant has been awarded two AA rosettes and prides itself on using the finest Yorkshire produce. All of the beautifully appointed bedrooms have ensuite bathroom facilities.

Three nights	£430	YDLSH3	'Easy' or 'Moderate' itinerary
Five nights	£830	YDLSH5	
Seven nights	£1045	YDLSH7	

Single traveller supplement £50 per night

Rail: Settle

Onward travel: Public bus or taxi



FOOTPATH HOLIDAYS Self Guided Tours



GRADES
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Northern Lake District

Keswick, our base for self-guided tours in the Northern Lake District, is surrounded by spectacular mountain scenery and it is no wonder that this unique landscape has been nominated as one of National Geographic's top ten 'must-see' destinations in the world.

The best known of the valleys around Keswick is Borrowdale - the late Alfred Wainwright's favourite Lakeland valley. Feeding into Borrowdale from the south is the lonely Langstrath valley, whilst hidden Watendlath lies to the east. The highlights of the itinerary will be an ascent of Catbells, a wonderful view point above Derwentwater; the walk to Watendlath Tarn and the Ashness Bridge, one of Lakeland's most photographed spots; the dramatic setting of the 5,000 year old Castlerigg stone circle, with its awe-inspiring views; and a walk along the shores of Bassenthwaite Lake, home to a family of ospreys.

The Northern Lake District offers mountain walking at its best.

Bed and breakfast at a guesthouse in Keswick

Your holiday in the Northern Lake District will be based at a comfortable family-run guesthouse in the town of Keswick. Your room will have ensuite facilities and you will have a choice of continental or full English breakfast. Keswick has a wide range of inns and restaurants serving meals in the evening.

Three nights	£275	NLKS3	'Easy' or 'Moderate' itinerary
Five nights	£530	NLKS5	
Seven nights	£635	NLKS7	

Single traveller supplement £40 per night

Dinner, bed and breakfast at Highfield Hotel in Keswick

Your holiday in the Northern Lake District will be based at Highfield Hotel, a handsome slate-built country house in the Victorian style, which is superbly located on the edge of Keswick, with panoramic views over Derwentwater. Highfield Hotel offers extremely comfortable accommodation, and the restaurant, which prides itself on using fresh local produce, has earned two coveted AA Rosettes for the excellence of its cuisine. All bedrooms have ensuite facilities.

Three nights	£415	NLKSH3	'Easy' or 'Moderate' itinerary
Five nights	£780	NLKSH5	
Seven nights	£1005	NLKSH7	

Single traveller supplement £50 per night

Rail: Penrith
Onward travel: Public bus or taxi

Hadrian's Wall Country

The unspoilt moors and dales of Northumberland and Durham are a walkers' paradise, although the foot soldiers who patrolled Hadrian's Wall, the northernmost frontier of the Roman Empire, would no doubt have found the area rather less agreeable!

The landscape is a mixture of open grassland, heather covered moorland and lush green dales. Hadrian's Wall marches across the hills taking in its stride a succession of craggy outcrops and undulating hills, each of which affords outstanding views across the surrounding countryside.

Hadrian's Wall is designated a World Heritage Site and highlights of the walks will include Sewingshield Crag, Walltown Crag, Steel Rigg, and the Roman forts and settlements of Vindolanda, Housesteads, Corbridge, Chesters and Birdoswald.

Hexham is an attractive market town whose crowning glory is its 12th abbey. A church has stood on the site since the 7th century, and Hexham has been a place of pilgrimage since the earliest days of Christianity in England. At the heart of the town there is The Sele, a leafy area of parkland which once formed part of the abbey grounds where one can enjoy the broad grassy walks and beautiful trees.

Bed and breakfast at a guesthouse in Hexham

Your holiday in Hadrian's Wall Country will be based at a comfortable family-run guest house in the attractive market town of Hexham. Your room will have ensuite bathroom facilities and you will have a choice of continental or full English breakfast. Hexham has a wide range of inns and restaurants serving meals in the evening.

Three nights	£285	HADSB3	'Easy' or 'Moderate' itinerary
Five nights	£520	HADSB5	
Seven nights	£625	HADSB7	

Single traveller supplement £40 per night

Dinner, bed and breakfast at the Best Western Beaumont Hotel in Hexham

Your holiday in Hadrian's Wall Country will be based at the Best Western Beaumont Hotel in Hexham. The hotel occupies a handsome stone-built town house with views of Hexham Abbey and overlooking The Sele. The Beaumont Hotel offers a warm welcome, and well-appointed bedrooms with ensuite bathroom facilities. The restaurant, which prides itself on the use of fresh local produce, offers an interesting and varied menu.

Three nights	£450	HADSH3	'Easy' or 'Moderate' itinerary
Five nights	£790	HADSH5	
Seven nights	£920	HADSH7	

Single traveller supplement £50 per night

Rail: Hexham
Onward travel: Public bus or taxi

Northumberland Coast

The North Sea coast of Northumberland and Berwickshire is a landscape of unspoilt sandy beaches, rugged cliffs, coastal castles and lively fishing settlements. Along this coast wild flowers grow in abundance on the sand dunes, wading birds comb the strand, and the dramatic ruins of coastal castles stand tall on the skyline.

The Northumberland Coast is rich in history. Lindisfarne on Holy Island was one of the foremost 'cradles of Christianity'; there are mighty castles which date from mediaeval times at Dunstanburgh and Bamburgh; and in 1838 the mountainous seas off the nearby Farne Islands were the scene of Grace Darling's heroic rescue of mariners in distress.

Highlights of your walks along this wonderful coastline will include the beautiful villages of Craster, Low-Newton-by-the-Sea and Beadnell Bay; the rugged and dramatic cliffs of St Abbs Head and the dramatic views across the tidal sands to Lindisfarne.

The village of Bamburgh with its attractive village green, stone-built cottages and imposing coastal castle makes a great base for the holiday.

Bed and breakfast at a guesthouse in Bamburgh

Your holiday on the Northumberland Coast will be based at a comfortable family-run guesthouse in the scenic village of Bamburgh. Your room will have ensuite bathroom facilities and you will have a choice of continental or full English breakfast. Bamburgh has several inns and restaurants which serve meals in the evening.

Three nights	£285	NBCSB3	'Easy' or 'Moderate' itinerary
Five nights	£520	NBCSB5	
Seven nights	£625	NBCSB7	

Single traveller supplement £40 per night

Dinner, bed and breakfast at the Victoria Hotel in Bamburgh

Your holiday on the Northumberland Coast will be based at the Victoria Hotel in Bamburgh. The hotel, which enjoys an unrivalled location beside the village green and close to Bamburgh Castle, provides a warm welcome and excellent accommodation and cuisine. All bedrooms have ensuite bathroom facilities.

Three nights	£430	NBCSH3	'Easy' or 'Moderate' itinerary
Five nights	£790	NBCSH5	
Seven nights	£1015	NBCSH7	

Single traveller supplement £50 per night

Rail: Berwick-upon-Tweed
Onward travel: Public bus or taxi



FOOTPATH HOLIDAYS

Self-guided Paths and Trails

Self-guided Paths and Trails

Inn-to-Inn, place-to-place, call them what you will; if you like to walk independently, follow a continuous route, and move on to new accommodation each night, these could be the walking holidays for you.

Footpath Holidays will book bed & breakfast accommodation in comfortable guesthouses and inns, transfer your luggage and provide all of the guidebooks, maps and route finding information and planning services that you require, leaving you to free to enjoy the walking, the wonderful scenery and sites of interest along the way.

The holidays which appear on pages 17 to 19 are based on some of our favourite National Trails and Long Distance Paths. Distances for the daily walking stages are detailed against each tour, along with a grade which refers to the type of terrain which you will encounter. Details of this grading system can be found on page 23 of this brochure.

If you feel that the 'off the peg' walk stages do not suit your requirements do contact us. We will be happy to vary the length of the stages or number of days walking, change the start/finish points of the holiday, or add in non-walking days, so that the holiday is tailored especially for you. Likewise, if the route you would like to walk doesn't appear in this brochure just let us know.

What is included in the price of our Self-guided Paths and Trails?

All of the Self-guided trail prices detailed on pages 17 to 19 of this brochure are per person, and based upon two guests sharing a double or twin-bedded room. The supplement for single travellers is also shown. We are able to offer discounts for parties of three or more guests.

All prices include:

- Accommodation in rooms with ensuite (private) bathroom
- Choice of full English or continental breakfast
- Luggage transfers
- Guidebook and maps covering the route
- A comprehensive information pack, relating to the tour arrangements/accommodation, local services, sites of interest along the route.

COTSWOLD THAMES

55 miles (88kms) from the source to Oxford
6 nights accommodation; 5 days walking

Follow the Thames Path National Trail alongside the infant Thames through lush watermeadows and unspoilt south Cotswold scenery. Quaint villages, idyllic riverside inns and abundant wildlife make this a walk to savour.

TP1SGP £585
Single supplement: £50 per night

Terrain grade:	①										
Daily stages:	Mls:	12	11	10	10	12					
	Kms:	19	18	16	16	19					

CHILTERN THAMES

82 miles (129kms) from Oxford to Windsor
9 nights accommodation; 8 days walking

Easy walking along the Thames Path as it follows the banks of the maturing Thames from the 'dreaming spires' of Oxford to Royal Windsor. Locks, weirs, narrowboats and attractive riverside towns and villages – an iconic stretch of England's most famous river.

TP2SGP £820
Single supplement: £50 per night

Terrain grade:	①										
Daily stages:	Mls:	13	13	11	11	7	9	10	6		
	Kms:	21	21	18	18	12	14	16	10		

THE ROYAL THAMES

52 miles (83kms) from Windsor to the Thames Barrage

This final section of the Thames Path passes some of Britain's most iconic landmarks, including Runnymede Meadows, Hampton Court Palace, Kew Gardens, the Tower of London, The Palace of Westminster and Greenwich Park and Royal Observatory. How long you spend walking this section of the Thames Path will depend upon whether you want to explore these sights, or simply enjoy the view in passing.

Please contact us and we will customise the walk to fit in with your 'wish-list'.

WESSEX RIDGEWAY, NORTH

75 miles (120kms) from Marlborough to Ludwell
8 nights accommodation; 7 days walking

Enjoy an ancient landscape of rolling downland studded with prehistoric remains, the battlements of Iron Age hillforts, and chalk hill figures. Wonderful views from high ground are a constant feature.

WRNSGP £760
Single supplement: £50 per night

Terrain grade:	② ③									
Daily stages:	Mls:	7	12	12	13	12	8	11		
	Kms:	11	19	19	21	19	13	18		

WESSEX RIDGEWAY, SOUTH

72 miles (115kms) from Ludwell to Lyme Regis
7 nights accommodation; 6 days walking

The West Wiltshire Downs give way to Cranbourne Chase and the Blackmore Vale. Unspoilt downland and pastoral loveliness lead all the way to the sea.

WRSSGP £655
Single supplement: £50 per night

Terrain grade:	② ③									
Daily stages:	Mls:	13	12	13	14	12	8			
	Kms:	21	19	21	22	19	13			





FOOTPATH HOLIDAYS

Self-guided Paths and Trails

RIDGEWAY NATIONAL TRAIL

87 miles (140kms) from Avebury to Ivinghoe Beacon
9 nights accommodation; 8 days walking

Expansive downland views as you follow England's oldest road through the North Wessex Downs and Chiltern Hills AONBs (Areas of Outstanding Natural Beauty). A landscape steeped in history and littered with Neolithic and Bronze Age burial sites, standing stones, flint workings and chalk hill figures makes this a wonderful walk.

RDGSGP £750
Single supplement: £50 per night

Terrain grade: **2 3**

Daily stages:	Mls:	10	12	13	14	13	12	13	10
	Kms:	16	19	21	23	21	19	21	16

KENNET & AVON CANAL

84 miles (136kms) from Reading to Bath
8 nights accommodation; 7 days walking

Peaceful towpath walking beside an historic waterway with views of the North Wessex Downs and Vale of Pewsey, welcoming canalside inns, working lock gates, passing barges and an abundance of wildlife. At the end of the walk, the beautiful city of Bath; a great place to spend a couple of extra nights.

KACSGP £715
Single supplement: £50 per night

Terrain grade: **1**

Daily stages:	Mls:	13	13	10	11	13	13	11	
	Kms:	21	21	16	18	21	21	18	

COTSWOLD WAY

100 miles (160kms) from Chipping Campden to Bath
9 nights accommodation; 8 days walking

Follow a well-made and well-waymarked route through an undulating and invigorating landscape. Airy views, iconic villages, and lots of history, as you walk the full length of the high escarpment along the western edge of the Cotswold AONB (Area of Outstanding Natural Beauty).

CCWWSGP £830
Single supplement: £50 per night

Terrain grade: **3 2**

Daily stages:	Mls:	11	13	12	12	14	14	14	10
	Kms:	18	21	19	19	22	22	22	16

COTSWOLD HIGHLIGHTS

If you prefer a more meandering route through the Cotswolds AONB (Area of Outstanding Natural Beauty), with more focus on the stone-built villages, river valleys, and pastoral loveliness of this quintessentially English landscape, then why not try our Cotswold Highlights itinerary which uses not only some excellent sections of the Cotswold Way but also some of the equally beautiful but lesser known paths and trails. Visit our website or telephone our office for some itinerary suggestions.

As well as some ideas for an inn-to-inn walk through the Cotswolds you will find details of inn-to-inn walks which visit the very best of three of our favourite National Parks; Exmoor, Dartmoor, and the Yorkshire Dales.

COAST TO COAST WEST

110 miles (179kms) from St Bees to Reeth
10 nights accommodation; 9 days walking

Follow Alfred Wainwright's world-famous Coast to Coast route through the mountains and valleys of the English Lake District, across the limestone pasture of England's 'karst' country and into the iconic Yorkshire Dales with their waterfalls, stone walls and haymeadows.

CCWSGP £750
Single supplement: £50 per night

Terrain grade: **3 4**

Daily stages:	Mls:	14	15	9	9	14	13	13	12	11
	Kms:	23	24	15	15	23	21	21	19	18

COAST TO COAST EAST

90 miles (145kms) from Reeth to Robin Hood's Bay
9 nights accommodation; 8 days walking

Walk the eastern half of Alfred Wainwright's world-famous Coast to Coast route through Swaledale to Richmond, across the Vale of Mowbray, and over the wild and beautiful expanse of the North Yorkshire Moors to the cliffs of the North Sea Coast.

CCESGP £735
Single supplement: £50 per night

Terrain grade: **3**

Daily stages:	Mls:	11	15	12	14	9	12	12	5
	Kms:	18	24	19	23	15	19	19	8





FOOTPATH HOLIDAYS Self-guided Paths and Trails

SOUTH WEST COAST PATH

South West England has a world-class coastline with stunning cliff scenery, a wealth of history, abundant wildlife, a wonderful display of coastal flowers in spring and early summer, and much, much more.

The South West Coast Path National Trail provides a continuous 620 mile (992km) walk from Minehead to Poole Harbour and we can help you to walk every step of the way.

EXMOOR COAST

75 miles (120kms) from Minehead to Instow
7 nights accommodation; 6 days walking

SWCP1 £625
Single supplement: £50 per night

Terrain grade: 3 2

Daily stages:	Mls:	9	12	13	14	14	13			
	Kms:	18	19	21	22	22	21			

NORTH DEVON COAST

48 miles (77kms) from Instow to Bude
6 nights accommodation; 5 days walking

SWCP2 £565
Single supplement: £50 per night

Terrain grade: 3 2

Daily stages:	Mls:	11	11	10	8	8				
	Kms:	18	18	16	13	13				

CORNWALL'S ATLANTIC COAST, EAST

65 miles (104kms) from Bude to Newquay
7 nights accommodation; 6 days walking

SWCP3 £625
Single supplement: £50 per night

Terrain grade: 3 2

Daily stages:	Mls:	10	11	9	12	11	12			
	Kms:	16	18	14	19	18	19			

Top photo:
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CORNWALL'S ATLANTIC COAST, WEST

44 miles (70kms) from Newquay to St Ives
5 nights accommodation; 4 days walking

SWCP4 £490
Single supplement: £50 per night

Terrain grade: 3 2

Daily stages:	Mls:	13	12	12	7				
	Kms:	21	19	19	11				

FAR WEST OF CORNWALL

42 miles (67kms) from St Ives to Penzance
5 nights accommodation; 4 days walking

SWCP5 £495
Single supplement: £50 per night

Terrain grade: 3 2

Daily stages:	Mls:	9	10	11	12				
	Kms:	14	16	18	19				

MOUNT'S BAY TO THE CORNISH RIVIERA

60 miles (96kms) from Penzance to Falmouth
6 nights accommodation; 5 days walking

SWCP6 £555
Single supplement: £50 per night

Terrain grade: 3 2

Daily stages:	Mls:	14	14	10	12	10			
	Kms:	22	22	16	19	16			

ROSELAND TO RAME

77 miles (123kms) from St Mawes to Plymouth
8 nights accommodation; 7 days walking

SWCP7 £690
Single supplement: £50 per night

Terrain grade: 3 2

Daily stages:	Mls:	13	12	8	10	12	11	11	
	Kms:	21	19	13	16	19	18	18	



SOUTH DEVON COAST, WEST

67 miles (107kms) from Plymouth to Dartmouth
7 nights accommodation; 6 days walking

SWCP8 £660
Single supplement: £50 per night

Terrain grade: 3 2

Daily stages:	Mls:	12	9	13	11	12	10		
	Kms:	19	14	21	18	19	16		

SOUTH DEVON COAST, EAST

69 miles (110kms) from Dartmouth to Lyme Regis
7 nights accommodation; 6 days walking

SWCP9 £625
Single supplement: £50 per night

Terrain grade: 3 2

Daily stages:	Mls:	11	13	14	13	9	9		
	Kms:	18	21	22	21	14	14		

DORSET COAST

75 miles (120kms) from Lyme Regis to Poole Harbour
8 nights accommodation; 7 days walking

SWCP10 £690
Single supplement: £50 per night

Terrain grade: 3 2

Daily stages:	Mls:	10	10	14	12	8	13	8	
	Kms:	16	16	22	19	13	21	13	

Checking Availability

If you wish to confirm that there is still space on a particular holiday prior to sending in your booking form, please contact us by telephone, E.Mail or via our website where an 'enquire to check availability' prompt appears alongside each holiday.

Booking

If you wish to book for one of the holidays featured on pages 4 to 19, please complete one of the booking forms which can be found on page 21, taking care to complete the appropriate form, depending upon whether you wish to reserve a place on a scheduled guided tour or a self-guided tour. Alternatively, visit our website, where you will find a secure online booking page. For self-guided holidays you will need to specify the date that you would like to arrive at the hotel where your chosen holiday is based.

The deposit required to reserve a place on a holiday is £150 per person, per holiday, or per week if the holiday lasts more than seven nights.

On receipt of your booking form and deposit we will send you confirmation of your reservation, which will include details of the amount and due date for the balance of payment. The balance of payment must reach us at least eight weeks prior to the commencement of the holiday. If the balance is not received by the due date we cannot guarantee to continue to hold the reservation and may cancel your booking. If we are obliged to cancel your booking in such circumstances we will retain your deposit and also apply cancellation charges.

Payment

From guests living in the United Kingdom we can accept payment by cheque or debit/credit card (Mastercard, Visa, and American Express).

We recommend that guests from overseas pay by debit/credit card, thus avoiding the high bank charges incurred by personal cheques drawn in a foreign currency, and the difficulty in calculating exchange rates correctly. We are able to accept Mastercard, Visa and American Express.

Guests who prefer to pay by direct transfer to our bank account should contact us for details of our bank account.

Cancellation

All cancellations must be in writing and are effective from the date received in this office. For a cancellation received more than 56 days before a holiday commences the deposit will be forfeit, whilst any other payment towards the cost of the holiday will be refunded. For later cancellations the deposit will be forfeit, but any other payment towards the cost of the tour will be refunded less the following charges:

56 - 43 days before the start - 25% of the holiday cost

42 - 29 days before the start - 50% of the holiday cost

28 - 15 days before the start - 75% of the holiday cost

No refund can be given for a cancellation 14 or less days before the start of a holiday, or whilst a holiday is in progress.

These cancellation fees are implemented in all cases, so we recommend that you are fully covered by a comprehensive travel insurance policy; this will save you the embarrassment of asking us to waive cancellation fees and Footpath Holidays the embarrassment of having to say "no".

Cancellation of Single Centre Guided Holidays

In the unlikely event that fewer than six guests book onto a particular holiday we reserve the right to cancel the holiday up until six weeks prior to commencement. Guests will have the option to transfer to another available holiday without charge or receive a prompt refund of all monies paid.

Insurance

We strongly recommend that you protect yourself, equipment and luggage with a suitable holiday insurance policy. This insurance should also be arranged to cover non-returnable costs should you have to cancel your trip due to unexpected personal circumstances. Whilst taking every care we cannot be responsible for your own illness or injury during a tour.

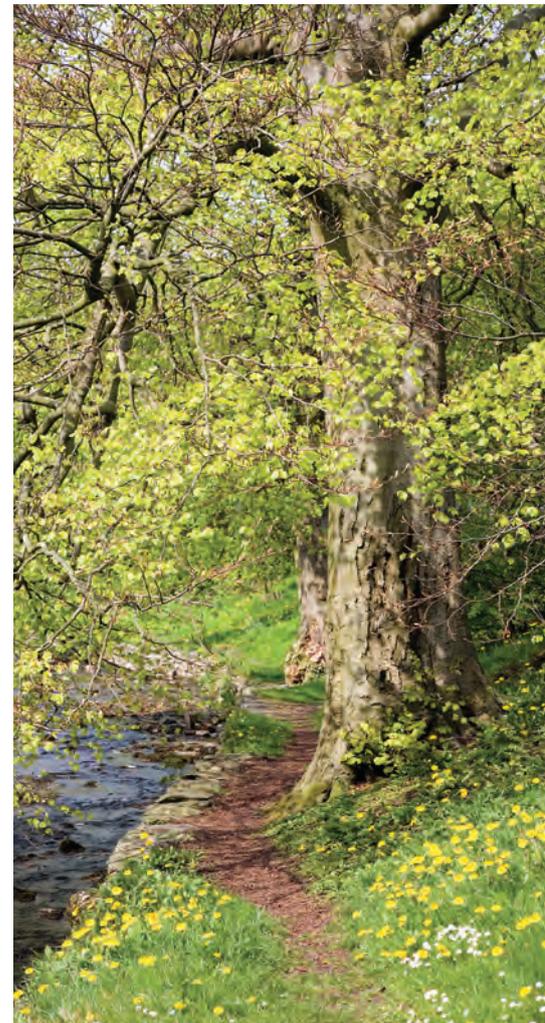
We recommend that you contact your travel agent, insurance agent or bank to arrange a suitable policy.

Consumer Protection Insurance

In accordance with "The Package Travel, Package Holidays and Package Tours Regulations 1992" all passengers booking with Footpath Holidays are fully protected for the initial deposit and subsequently the balance of all monies paid to us, including repatriation if required, arising from cancellation or curtailment of your holiday arrangements due to the insolvency of Footpath Holidays.

A certificate detailing this cover will be given to each passenger as evidence of cover. Please ensure that you have been given the appropriate certificate(s) at the time of booking.

This insurance has been arranged by Travellers Protection Services Limited through International Passenger Protection Limited by insurers who are members of the Association of British Insurers.



FOOTPATH HOLIDAYS BOOKING FORM
Guided Holidays

FIRST NAME	
SURNAME	
TITLE	
FIRST NAME	
SURNAME	
TITLE	
FIRST NAME	
SURNAME	
TITLE	

Please continue on separate sheet if necessary

Mailing Address for correspondence

Postcode _____

Email _____

Tel. Home _____

Tel. Business _____

TOUR NO	DATE
VENUE	

I enclose a deposit of £150 per person, per holiday (or full payment for bookings made less than 8 weeks prior to commencement of the holiday).

or

Please charge £ _____ to my Mastercard/Visa/American Express





Expiry Date _____



Name as on card and address (if different from above)

Signature _____ Date _____

	Room Type	Number of Rooms
Double-bedded room (one double bed)		
Twin-bedded room (two single beds)		
Single room/occupancy		

FOOTPATH HOLIDAYS BOOKING FORM
Self-Guided Holidays

FIRST NAME	
SURNAME	
TITLE	
FIRST NAME	
SURNAME	
TITLE	
FIRST NAME	
SURNAME	
TITLE	

Please continue on separate sheet if necessary

Mailing Address for correspondence

Postcode _____

Email _____

Tel. Home _____

Tel. Business _____

TOUR NO	DATE
VENUE	
Arrival Date	
Departure Date	
Number of Nights	

I enclose a deposit of £150 per person, per seven night period, or part thereof (or full payment for bookings made less than 8 weeks prior to commencement of the holiday).

or

Please charge £ _____ to my Mastercard/Visa/American Express





Expiry Date _____



Name as on card and address (if different from above)

Signature _____ Date _____

	Room Type	Number of Rooms
Double-bedded room (one double bed)		
Twin-bedded room (two single beds)		
Single room/occupancy (Supplement may apply See relevant tour page for details)		

A Different Approach to Long Distance Paths

*Have you ever yearned to walk one of Britain's many long distance paths but found yourself put off by the thought of packing damp clothes into a heavy rucksack every morning, walking alone, prebooking numerous guesthouses, or being unsure whether the route would be easy to follow? If so, we have the solution! **Join one of our guided Daypack Hikes.***

For over two decades, we have been operating tours along many Long Distance Paths and National Trails. What distinguishes our holidays is that we have eliminated the need for daily packing and moving on.

Daypack Hikes are guided walking holidays based at one suitable location on, or adjacent to, the walking route. Footpath Holidays provides transport from a prearranged meeting point to the start of each day's stage and transport back to that same point at the end of each walking stage. We also provide an experienced walk leader.

For those of you who have been on a Footpath Holidays Daypack Hike before the arrangements will need little introduction.

For those of you joining one of our Daypack Hikes for the first time we hope that the following will answer most of your questions. If you need further information please do not hesitate to ask.

The Daypack Hike System

The advantages of this system lie in the fact that guests can have more freedom and flexibility over the lodgings which they choose, whether it be self-catering, hotel, caravan, bed & breakfast, Youth Hostel or tent, and that they are able to complete a long linear walk whilst based in one place unencumbered by transport difficulties or the complication of booking several nights accommodation in different locations. The holidays are also ideal for the walker who prefers to join an organised walking tour rather than set out into the countryside alone, but whose 'other half' prefers to play golf, fish or sightsee. The 'system' allows them to share their holiday accommodation and each others company during the evening, but to go their separate ways during the day.

- Choose the accommodation that suits your taste and budget.
- Equally suitable for campers, caravanners, youth hostellers, self caterers and those who prefer serviced accommodation.
- Avoid the inconvenience of packing each morning.
- Concentrate on the walk let us worry about the logistics!

What's Included in the cost of a Daypack Hike?

The cost of these holidays include transport between the holiday base and start/finish of each day's walk stage, the services of a leader, and VAT at 20%.

Holiday Bases

As far as the walking routes allow, we select the base for each holiday to provide ease of access, a variety of accommodation, availability of food shops, inns, restaurants, etc..

Finding Your Accommodation

Guests are expected to find their own accommodation, however we do provide a list of suggested accommodation and contact details for the relevant Tourist Information Centre when we acknowledge a booking, or upon request. Links to registers of accommodation providers can also be found on our website. With so many accommodation providers now having a presence on the web, and tourist boards operating a reliable inspection and grading system, booking accommodation from a distance couldn't be easier, so these holidays are equally suited to guests from abroad wishing to sample one of Britain's marvellous B&Bs as they are to guests from Britain.

Our Groups

Our groups are small in size, the maximum number of guests is usually around sixteen plus the leader. The groups generally consist of a mix of new clients and 'regulars' from the United Kingdom and worldwide. We are very proud that virtually all of our guests return year on year to enjoy the unique format of our Daypack Hikes.

Singles or Couples?

We feel that our holidays are equally well suited for couples, friends travelling together or single guests. It would be most unusual for someone to find themselves as the only 'single' on a holiday, and we certainly have many single guests amongst those 'Daypack Hikers' who come back time and time again. Although guests on the Daypack Hikes find their own accommodation, and therefore disperse at the end of each day's walking, we do tend to find that quite a few meet up again in the evening to socialise.

Our Leaders

Each party is led by a walk leader whose aim is to take you into the heart of the countryside and to help you to get the best from the outstandingly beautiful areas you will visit. Footpath Holidays has around twenty walk leaders, all of whom are thoroughly competent and experienced outdoors people. As often as possible our leaders are local or have a special interest in the walk area. Most of our leaders have worked with us for a number of years.

Our Walks (hikes)

Most of the walks in our Daypack Hikes programme are based upon named Long Distance Paths. Some are designated National Trails, some are well-known routes such as Wainwright's coast to Coast or the Cleveland Way, whilst others are lesser-known or newly established routes such as A Pennine Journey or the Wales Coast Path.

All the holidays are graded with regard to the terrain encountered along the route (see opposite), and daily mileages are indicated alongside each holiday description. Walking is generally at a relaxed pace, with time allowed to enjoy places of interest, spectacular views, lunch and coffee breaks, etc..

Our priority is for you to gain maximum enjoyment from your walking holiday, in safety. All of our leaders are experienced walkers and competent navigators and although they will make every effort to stick to the named route they may, from time to time, find it necessary to alter a route or part of the programme to allow for conditions. Such changes may be made in the interests of an individual, or the safety of the group as a whole. We ask that our guests respect the judgement of the leader, act prudently at all times, and follow the Country Code.



GRADING OF TERRAIN

For us at Footpath Holidays it is of paramount importance that you enjoy your walking holiday. To get the best from your holiday (and to be fair to your fellow guests) it is important that you select a tour of the appropriate grade. Please note that what the British refer to as 'walking' is more commonly described as 'hiking' in North America.

For each Daypack Hike we have indicated likely daily mileages, plus a grade, or combination of grades (predominant grade first), corresponding to the terrain encountered.

If you need advice regarding the suitability of a route please contact us. Our office is manned by experienced walkers (hikers) who will be happy to discuss any aspect of your holiday both before and after booking.

- 1 Virtually flat walking, with only negligible ascents and descents. All on good paths, with very few uneven surfaces.
- 2 Some gentle undulations, and only occasional short, sharp ascents and descents. All on well-made paths, but some stretches may be uneven with tree roots and stones protruding from the path surface.
- 3 More frequent ascents and descents across undulating terrain. Some sharp 'ups and downs', particularly on coast paths and in mountain areas. Generally on well-made paths, but often uneven with tree roots and stones protruding from the path surface
- 4 Prolonged ascents and descents, often quite steep, are a feature of these tours. Although the majority of time is spent on well-made mountain paths the surfaces are likely to be uneven. In places the route may ascend/descend over large blocks or boulders, and loose stones may lie on the path surface. There are likely to be some stretches away from made paths, across boulder fields, tussock grass and moorland.

For grades 1, 2, and 3 trail shoes may be worn, however, we recommend lightweight walking boots with a good cleated sole and ankle support. For grade 4 walking (hiking) boots with a strong cleated sole and good ankle support are essential. Non-specialist training shoes, sneakers and sandals would be unsuitable on any tour.

It should be borne in mind that it is possible to turn an ankle or slip on any surface, including seemingly innocuous pavements, steps and stiles, whilst rabbits and other animals dig holes indiscriminately and without warning!

THE COLERIDGE WAY

5 days walking, based in Lynmouth

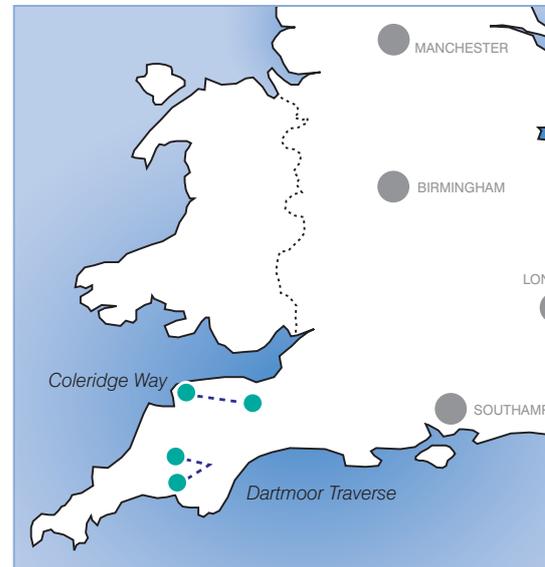
COL 24 – 28 September £315

Terrain grade: 2 3

Daily stages:	Mls:	10	9	12	9	12			
	Kms:	16	15	19	15	19			

The Coleridge Way is an exhilarating 52 mile (84km) walk through the Quantock Hills (Britain's first designated Area of Outstanding Natural Beauty), the Brendon Hills and Exmoor National Park. The route celebrates the association of the romantic poet Samuel Taylor Coleridge with the airy ridges, wooded valleys and hilltop vistas which inspired much of his work.

The route begins at Nether Stowey, Coleridge's former home, and works its way westwards, traversing the whaleback ridge of the Quantocks and exploring the idyllic combs which cut into the flanks of the hills. From Bicknoller, one of the areas most attractive villages, it crosses the Brendon Hills to Wheddon Cross and then takes a superb route across Exmoor, via Webber's Post, the East Water Valley, Doverhay Hill, Porlock. Malmesmead, Watersmeet and Myrtleberry Cleave to its conclusion in Lynmouth.



A DARTMOOR TRAVERSE

6 days walking, based in Moretonhampstead

DTM 20 – 25 August £345

Terrain grade: 3

Daily stages:	Mls:	11	14	10	10	10	10		
	Kms:	18	23	16	16	16	16		

For years we have felt that none of the Long Distance Paths which cross Dartmoor really do it justice. 2017 marks fifty years since Ian's first walk on the moors, so we thought it would be the perfect time to come up with our own route; sixty five miles of superb walking through 'England's last wilderness'.

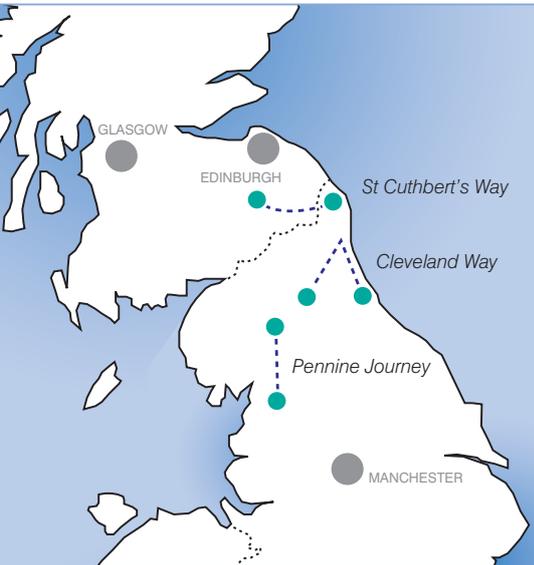
Following a broad arc across Dartmoor, from Yelverton to Lydford, our walk picks out hidden gems such as Meavy, Sheepstor, Drizzlecombe, Eylesbarrow, and Hexworthy as well as the world-famous landmarks such as Haytor, Houndtor, Widecombe-in-the-Moor, Dartmeet, Lustleigh, Bowerman's Nose and Postbridge.

We will visit the ancient hut circles at Grimspound and one of the last vestiges of Primeval forest; Wistman's Wood. We will showcase the many contrasting aspects of Dartmoor; green wooded valleys with tumbling streams, surreal granite rock formations, prehistoric stone circles and stone rows, ancient forests, idyllic villages and the wild, high moor with its unique atmosphere.

The timing of the holiday should see the moor ablaze with purple heather and golden gorse.



FOOTPATH HOLIDAYS Daypack Hikes



ST CUTHBERT'S WAY

6 days walking, based in Melrose

SCW 9 – 14 July £345

Terrain grade: **2 3**

Daily stages:	Mls:	12	11	10	13	12	6		
	Kms:	19	18	16	21	19	10		

A classic 62 mile (100km) excursion which commences at the fine abbey town of Melrose, close to where St Cuthbert began his ministry in around 650AD, and reaches its terminus on Holy Island, where he later became Prior of Lindisfarne. During his lifetime St Cuthbert travelled widely spreading the gospel, and after his death his body was removed from Lindisfarne by devoted monks fleeing from the Vikings. The route of our walk ties together some of the places associated with St Cuthbert's story.

The Way begins at Melrose Abbey and crosses the Eildon Hills, much loved by Sir Walter Scott, a former resident of Melrose. The Eildons afford magnificent views over the border country. The route follows the river Tweed past famous Dryburgh Abbey and from the village of Maxton follows Dere Street Roman Road across Ancrum Moor before crossing the river Teviot near Jedburgh. The Way traverses the rolling Borders landscape passing close to Kelso and through Kirk Yetholm before crossing the border into Northumberland. We then travel through the Cheviots and Northumberland's Fell Sandstone Country before crossing the causeway to Holy Island, the end of our particular journey.



THE CLEVELAND WAY

8 days walking, based in Whitby

CVW 18 – 25 June £415

Terrain grade: **3 2**

Daily stages:	Mls:	14	15	13	15	12	15	14	11
	Kms:	23	24	21	24	19	24	23	18

The Cleveland Way National Trail is a superb 109 mile (176km) route which runs from the market town of Helmsley in Ryedale to Filey on Yorkshire's North Sea coast. The horseshoe-shaped route stays almost entirely within the North Yorkshire Moors National Park and the scenery is as varied as one could wish. The first part of the Cleveland Way follows an exhilarating route along the Cleveland Escarpment and over heather moorland, before reaching the coast at Saltburn. The latter part turn south and follows a coastal path across some of England's highest cliffs.

Highlights include the views west across the Vale of Mowbray, as the ground drops away below Sutton Bank, Carlton Bank and Ingleby Bank, the 360° panorama from The Wainstones and Roseberry Topping, the expanse of heather on Black Hambleton and Urra Moor (at 454m, the highest point in the National Park), Captain Cook's Monument, the views of Roseberry Topping from Cockshaw Hill, Boulby Cliff (the highest point on the east coast of England), the 199 steps at Whitby, Whitby Abbey, and the picturesque fishing village of Robin Hood's Bay.

A PENNINE JOURNEY

6 days walking, based in Hawes

PJE 2 – 7 July £345

Terrain grade: **3**

Daily stages:	Mls:	12	13	12	15	15	14		
	Kms:	19	21	19	24	24	23		

In 1938 Alfred Wainwright took some holiday and set off for a circular walk which would take him north from Settle, along the western flank of The Pennines, along one of the finest stretches of Hadrian's Wall, and then back down the eastern flank of the Pennines to his original start point. The walk took him 11 days and covered 211 miles.

In the 1990's keen long distance walkers Heather and David Pitt decided to devise their own route, broadly based on Wainwright's 1938 adventure and his subsequent book (based on notes from the time, but not published until 1986) 'A Pennine Journey; the Story of a Long Walk in 1938'. A collaboration with the Wainwright Society saw their project finally come to fruition with the publication of a guidebook in 2010.

The route is a total distance of 247 miles and over the next three years we intend to offer successive sections of A Pennine Journey, giving guests the opportunity to complete this challenging route in manageable stages. The three sections we shall schedule are; Settle to High Force (2017), High Force to Garrigill (2018) and Garrigill to Settle (2019). Even if you have no wish to complete the whole route any one of the three sections is a great walk in its own right.

For 2017 we are offering the 81 mile (130km) western section from Settle at the southern end of the Yorkshire Dales to High Force in Teesdale. Highlights of this first section of A Pennine Journey include the ascent of Pen-y-Ghent (a diversion off the main route), the massive Hull Pot, the pastoral beauty of Wharfedale and the church at Hubberholme, the haymeadows and criss-cross tracery of stone walls in Wensleydale and Swaledale, the village green at Bainbridge, the isolated Tan Hill Inn, Hannah Hauxwell's cottage in Baldersdale, and the waterfalls at Kisdon Force, Low Force and High Force.



FOOTPATH HOLIDAYS Daypack Hikes



WALES COAST PATH

The Wales Coast Path was opened in 2012; the world's first continuous path around an entire national coastline. The total distance, including the circuit of Anglesey, is 861 miles (1,386kms)

In 2017 Footpath Holidays will be offering two further stretches of the Wales Coast Path. The first stretch will be Gupton Burrows to Carmarthen from a base in Tenby and the second stretch will be Carmarthen to Oxwich using Carmarthen as the base. Taken together the two holidays will provide 137 miles (220kms) of excellent walking, but either section is a worthwhile walk in its own right.

The dates in early June should see the coastal flora at its very best, with carpets of pink thrift on the clifftops.

“ A fabulous company that puts terrific trips together; pairing great UK trails with marvelous guides. ”

Anne L, JX USA

WALES COAST PATH

(GUPTON BURROWS TO CARMARTHEN)

6 days walking, based in Tenby

WC7 4 – 9 June £330

Terrain grade: 3 2

Daily stages:	Mls:	13	11	12	11	10	10		
	Kms:	21	18	19	18	16	16		

This 67 mile (108km) section of the Wales Coast Path starts in on the western edge of the Castlemartin ranges and finishes at Carmarthen Castle above the River Towy. This first three days follow the Pembrokeshire Coast Path through the National Park, whilst for the latter three stages the route is pushed inland on occasion by a lack of access (military ranges) or safe walking (tidal salt marshes) right beside the coast.

Highlights of the holiday include the Green Bridge of Wales (massive sea arch), the tranquil beauty of the Bosherton lillyponds and Barafundle Bay, the little café overlooking Stackpole Quay, the massive castles at Manobier, Laugharne, Llansteffan and Carmarthen, the view along the 7 mile sweep of Pendine Sands, and the colour-washed jumble of houses above the harbour at Tenby.

WALES COAST PATH

(CARMARTHEN TO OXWICH)

6 days walking, based in Carmarthen

WC8 11 – 16 June £330

Terrain grade: 3 2

Daily stages:	Mls:	11	12	10	13	12	12		
	Kms:	18	19	16	21	19	19		

This 70 mile (112km) section of the Wales Coast Path starts with a crossing of the River Towy at Carmarthen and finishes in the village of Oxwich on the Gower Peninsula. The first two stages are, again, pushed away from the coast by military ranges and marshland, but day four sees the crossing onto the Gower Peninsula, Britain's first AONB (Area of Outstanding Natural Beauty).

Highlights of the holiday include Kidwelly church and castle, the wildlife habitats along the Loughor estuary, the extensive dune complexes at Whiteford Burrows and Llangennith Burrows, the sweeping view along Rhossili Bay to Worms Head, and the rugged cliff scenery which stretches from Worms Head all the way to Oxwich Head.

OFFA'S DYKE PATH, NORTH

(KNIGHTON TO PRESTATYN)

8 days walking, based in Llangollen

ODN 30 July – 6 August £425

Terrain grade: 3 2

Daily stages:	Mls:	11	10	15	15	8	14	12	12
	Kms:	18	16	24	24	13	23	19	19

“Not the oldest, nor the longest, but the best”. So said Lord Sandford about Offa's Dyke Path.

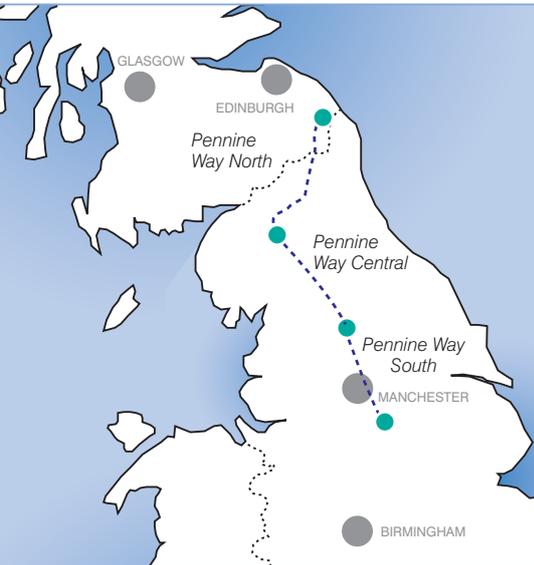
In 2016 we offered a walk along the southern half of the Offa's Dyke Path National Trail, and in 2017 we shall be offering the northern half from Knighton to Prestatyn. For those who walked the southern half last year it will be the opportunity to complete one of Britain's most varied routes, but either section is a great walk in its own right.

The 97 mile (156km) northern section of Offa's Dyke Path, starts in the market town of Knighton in Mid-Wales and finishes in the resort of Prestatyn on the North Wales Coast. The route passes through a wonderful variety of mid-Wales countryside where the route follows the crest of the ancient earthwork over switchback hills, only occasionally dropping into unspoilt border towns and villages. Further north it passes through the spectacular limestone hills around Llangollen and takes in such man-made wonders as Telford's Pont-yr-Cysyllte aqueduct, Castell Dinas Bran and Vale Crucis Abbey. Finally it climbs over the wild moorland of the Clwydian Hills before descending to its conclusion on the coast of the Irish Sea.





FOOTPATH HOLIDAYS Daypack Hikes



THE PENNINE WAY

The Pennine Way, which follows the backbone of England from the Derbyshire Peak District to the Scottish border is one of Britain's most challenging National Trails. The 268 mile route, which passes through three National Parks, a European Geo-park, and a World Heritage Site, provides upland walking of the highest order. Footpath Holidays offers the Pennine Way as three separate tours, which allow guests the choice of completing the route over several years in manageable one week stages, or stringing all three together into an epic journey.

Even if you have no wish to complete the whole route any one of the three sections is a great walk in its own right.

PENNINE WAY (SOUTH)

6 days walking, based in Hebden Bridge

PWS 9 – 14 July £375

Terrain grade: **3** **4**

Daily stages:	Mls:	10	13	17	11	11	10		
	Kms:	16	21	27	18	18	16		

This 74 mile (119km) southern section of the Pennine Way starts in the Peak National Park and works its way north from the Nag's Head Inn in Edale, over dark peat moorlands and past gritstone outcrops, along packhorse and drivers' routes established over hundreds of years. The landscape is wild and possesses an atmosphere unique to the Pennines. The Pennine Way climbs to Stoodley Pike, one of the highpoints of the walk, for views across the Calder Valley - a cradle of the industrial Revolution - and then, beyond Hebden Bridge and Haworth, it enters a gentler landscape on the southern edge of the Yorkshire Dales National Park. This first section of the Pennine Way ends in Malham, amongst the spectacular limestone scenery of the Karst Country.

Improvements to the path surface over recent years, and some re-routing, mean that tales of misery on Kinder Scout, Featherbed Moss and Black Hill are, thankfully, things of the past.

PENNINE WAY (CENTRAL)

6 days walking, based in Hawes

PWC 16 – 21 July £365

Terrain grade: **3** **4**

Daily stages:	Mls:	14	14	16	14	13	12		
	Kms:	23	23	26	23	21	19		

Our 84 mile (136km) central section of the Pennine Way starts at Malham in the Yorkshire Dales National Park and finishes in the picturesque village of Dufton in the North Pennines. Between these two points the Pennine Way traverses some wonderful and varied countryside with never a dull moment, however, the highlights of the week must be the limestone architecture of Malham Cove, the shapely outline of Pen-y-Ghent, a pint mug of tea at the welcoming Pen-y-Ghent Café in Horton-in-Ribblesdale, the panoramic view from the summit of Great Shunner Fell, the wild approach to the Tan Hill Pub, High Force and the picturesque walk along the River Tees, the unique tundra-like habitat and flora of Upper Teesdale, Caldron Snout waterfall, and the dramatic view which unfolds as you arrive at the head of High Cup Nick.

PENNINE WAY (NORTH)

7 days walking, based in Hexham

PWN 23 – 29 July £425

Terrain grade: **3** **4**

Daily stages:	Mls:	16	12	13	15	14	15	13	
	Kms:	26	19	21	24	23	24	21	

The northernmost section of the Pennine Way starts in the upland village of Dufton, in the North Pennines AONB, and finishes in Kirk Yetholm on the Scottish border. The route is characterised by wild moorland, big skies and a true feeling of remoteness, and includes an ascent of Cross Fell which, at 2930 feet (893m), is the highest point in England outside of the Lake District. Apart from Cross Fell, highlights of this exhilarating walk include the shapely ridge of Little Dunn, the village of Garrigill (at the end of a tough day's walk!), a superb stretch of Hadrian's Wall, the beautiful North Tyne River, the atmospheric summit of Windy Gyle, the panoramic views from Shitlington Crag, Brown Rigg Head, and The Schil, and (for those who have completed the whole route) the bar at the Border Hotel!

“ It was a fantastic trip; thank you so much. Completing the Pennine Way was an ambition I held for many years, and which I never thought would be fulfilled. ”

Lynn C, London, UK





FOOTPATH HOLIDAYS Daypack Hikes



COAST TO COAST (WESTERN SECTION)

6 days walking, based in Keswick

CCW 3 – 8 September £345

Terrain grade: **3 4**

Daily stages:	Mls:	15	11	12	9	14	11		
	Kms:	24	18	19	15	23	18		

The cliffs of St Bee's Head provide the start point for the walk and the mountains and meres of lakeland the objectives. Ennerdale Water, Honister Pass, Borrowdale, Grasmere, Patterdale - famous names abound. The route traverses the region, sometimes through valleys, sometimes over the high tops, to finish at Orton where the Lakeland Fells are left behind to be replaced by the limestone country leading into the Yorkshire Dales.



COAST TO COAST

ST BEE'S HEAD TO ROBIN HOOD'S BAY

The route which crosses the north of England from Coast to Coast was made famous by the late Alfred Wainwright whose guidebooks have introduced so many to the joys of walking in this area. It takes in three National Parks; the Lake District, the Yorkshire Dales and the North Yorkshire Moors, and divides naturally into three sections. Footpath Holidays offers three tours, each of which offer fine walking in their own right, and when strung together enable our guests to tackle a challenging 190 mile (306km) route in its entirety.

Top photo:
©Funkystock/age fotostock/SuperStock

COAST TO COAST (CENTRAL SECTION)

6 days walking, based in Richmond

CCC 10 – 15 September £335

Terrain grade: **2 3**

Daily stages:	Mls:	12	13	11	11	12	11		
	Kms:	19	21	18	18	19	18		

The variety of scenery offered by the Yorkshire Dales makes this a fascinating holiday. The village of Orton, in Cumbria's limestone country, provides the start point and the walk takes in Ravenstonedale, Whitsundale, Swaledale, Melbeck Moor and the pastoral Vale of Mowbray. Abandoned lead mines, the towns of Kirkby Stephen, Reeth and Richmond, limestone dales, waterfalls and grouse moors all feature on the walk. The route terminates at Ingleby Cross where the Yorkshire Moors rise from the plain and stretch eastwards to the sea.

COAST TO COAST (EASTERN SECTION)

4 days walking, based in Whitby

CCE 17 – 20 September £255

Terrain grade: **3 2**

Daily stages:	Mls:	12	11	12	16				
	Kms:	19	18	19	26				

History abounds on the North Yorkshire Moors and they have a mystical quality. The paths we follow are ancient trade and corpse routes and stone crosses mark the way. The views from the high ground are extensive. On the final day of the walk we reach the sea and follow the cliff top path southwards to Robin Hood's Bay where the narrow streets plunge toward the harbour and the tiny red roofed cottages huddle for safety from the North Sea.





FOOTPATH HOLIDAYS Daypack Hikes

Booking

To join one of our Daypack Hikes, simply fill in the booking form on page 29, or visit our website for secure online booking.

The deposit required to reserve a place on a Daypack Hike is £75 per person, per holiday. Final payment for Daypack Hikes should reach us no less than 6 weeks before the commencement of the holiday. If the balance is not received by the due date we cannot guarantee to continue to hold the reservation and may cancel your booking. If we are obliged to cancel your booking in such circumstances we will retain your deposit and also apply cancellation charges.

Payment

From guests living in the United Kingdom we can accept payment by cheque or debit/credit card (Mastercard, Visa, and American Express).

We recommend that guests from overseas pay by debit/credit card, thus avoiding the high bank charges incurred by personal cheques drawn in a foreign currency, and the difficulty in calculating exchange rates correctly. We are able to accept Mastercard, Visa and American Express.

Guests who prefer to pay by direct transfer to our bank account should contact us for details of our bank account.

Cancellation

Cancellations should be made in writing and are effective from the date received in this office. For cancellation received more than 42 days before the commencement of a Daypack Hike the deposit will be forfeit. For cancellations received between 42 and 15 days before the commencement of the holiday, 50% of the holiday cost will be refunded. Cancellations received 14 days or less before the starting date of the holiday, or during the holiday, will not be eligible for a refund

Cancellation of Holidays

In the unlikely event that fewer than six guests book onto a particular holiday we reserve the right to cancel the holiday up to six weeks prior to commencement. Guests will have the option to transfer to another holiday without charge or receive a prompt refund of all monies paid.

Insurance

We strongly recommend that you protect yourself, equipment and luggage with a suitable holiday insurance policy. This insurance should also be arranged to cover non-returnable costs should you have to cancel your trip due to unexpected personal circumstances. Whilst taking every care we cannot be responsible for your own illness or injury during a tour.

We recommend that you contact your travel agent, insurance agent or bank to arrange a suitable policy.

Consumer Protection Insurance

In accordance with "The Package Travel, Package Holidays and Package Tours Regulations 1992" all passengers booking with Footpath Holidays are fully protected for the initial deposit and subsequently the balance of all monies paid to us, including repatriation if required, arising from cancellation or curtailment of your holiday arrangements due to the insolvency of Footpath Holidays.

A certificate detailing this cover will be given to each passenger as evidence of cover. Please ensure that you have been given the appropriate certificate(s) at the time of booking.

This insurance has been arranged by Travellers Protection Services Limited through International Passenger Protection Limited by insurers who are members of the Association of British Insurers.

Trails and Paths (Daypack Hikes) - pages 26 - 31

Dates	Route	Grade	Venue
4-9 June	Wales Coast Path (Gupton Burrows to Carmarthen)	3 2	Tenby
11-16 June	Wales Coast Path (Carmarthen to Oxwich)	3 2	Carmarthen
18-25 June	Cleveland Way	3 2	Whitby
2- 7 July	A Pennine Journey	3	Hawes
9-14 July	St Cuthbert's Way	2 3	Melrose
9-14 July	Pennine Way South	3 4	Hebden Bridge
16-21 July	Pennine Way Central	3 4	Hawes
23-29 July	Pennine Way North	3 4	Hexham
30 July – 6 August	Offa's Dyke North	3 2	Llangollen
20-25 August	Dartmoor Traverse	3	Moretonhampstead
3-8 September	Coast to Coast West	3 4	Keswick
10-15 September	Coast to Coast Central	2 3	Richmond
17-20 September	Coast to Coast East	3 2	Whitby
24-28 September	Coleridge Way	2 3	Lynmouth

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Daypack Hikes

FIRST NAME	
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SURNAME	
TITLE	
FIRST NAME	
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TITLE	

Address _____

Postcode _____

Tel. Home _____

Tel. Business _____

Email _____

Please reserve _____ places on Tour No. _____

Tour Dates _____



I enclose deposit of £75 per person per tour (or full payment for bookings made less than 6 weeks prior to commencement of tour)



or

Please charge £ _____ to my Mastercard/Visa/American Express



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Expiry Date _____ Amount _____

Name as on card and address (if different from above)

Daypack Hikes

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Expiry Date _____ Amount _____

Name as on card and address (if different from above)

Single Centre Guided Holidays - pages 4-11

23 - 28 April	E	North Cornwall
7 - 12 May	M	South Devon Coast
14 - 19 May	E	Dorset World Heritage Coast
21 - 26 May	E	Scottish Borders
21 - 26 May	M	North Cornwall
3 - 10 June	E	Yorkshire Dales
4 - 9 June	E	South Downs
10 - 17 June	M	South Devon Coast
17 - 24 June	E	Lake District
25 - 30 June	E	North Cornwall
1 - 8 July	M	South Downs
15 - 22 July	E	The Cotswolds
22 - 29 July	M	Yorkshire Dales
29 July - 5 August	E	Scottish Borders
2 - 9 September	M	Lake District
3 - 8 September	E	South Downs
9 - 16 September	E	South Devon Coast
17 - 22 September	E	The Cotswolds
1 - 6 October	M	Scottish Borders
8 - 13 October	M	Lake District
15 - 20 October	M	Dorset World Heritage Coast
22 - 27 October	E	The Cotswolds
29 October - 3 November	E	Yorkshire Dales
5 - 10 November	E	Lake District
12 - 17 November	E	Dorset World Heritage Coast
19 - 24 November	E	South Downs



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